

*First-St Andrew's*  
**UNITED CHURCH**  
Where liberal theology meets the best of tradition



# Tidings

Vol 30, No 1  
Lent/Easter 2020

**REMEMBERING TERRY HEAD**  
SEE PAGE 10

## INSIDE

Message from the Editor .....	2
A Message from Michelle .....	3
Christian Service & Social Justice .....	4
View from the Pew .....	5
Profile .....	6
Christian Life .....	7
Our Neighbours .....	8
Feature Article .....	10

In Memoriam .....	12
Remembering .....	13
Profile .....	14
Noteworthy .....	14
Getting to Know .....	15
Committee Reports .....	15
Milestones .....	20
Bulletin Board .....	20



# Tidings

**Editor** ..... David Wardlaw  
**Graphic Designer**..... Jim Silcox  
**Photographers** Willis Buckingham, David Wake, Jim Silcox  
**Ad Sales** ..... Bob Peel  
**Committee Members** Willis Buckingham, Barb Dalrymple, David McKane, Bob Peel, Pat McGregor, Nancy Quinn, Jim Silcox,  
**Proof Readers** ..... Pat McGregor, Pat Sole



David Wardlaw

**Published by:**  
 The Communications & Marketing Team  
 First-St. Andrew's United Church  
 350 Queens Avenue  
 London, Ontario N6B 1X6  
 Tel: 519-679-8182  
[mail@fsaunited.com](mailto:mail@fsaunited.com)  
[www.fsaunited.com](http://www.fsaunited.com)

**Printed by:**  
 Sterling Marking Products

Four issues are published yearly: the first Sunday in December, March, and June; and the second Sunday in September. Submissions are due three weeks before the publication dates. Unsolicited submissions are accepted only from members, adherents, and staff of First-St. Andrew's (FSA) and from affiliated organizations. The editor reserves the right to edit, limit the length, or reject submissions. The views expressed in this publication are those of the authors, and are not necessarily those of Council or the staff of First-St. Andrew's United Church. The print version of Tidings is made possible by the paid advertisements found in each issue in tandem with an annual allotment from the FSA operating budget.

This issue features two tributes to FSA's beloved Director of Music, Terry Head, who died tragically in November 2019. FSA's writer-in-residence, Robyn Marie Butt, uses poetry to evoke memories and capture a sense of Terry's presence among us. FSA's Music Committee Chair, Merran Neville, uses the spoken word, transcribed as text, from four eulogies delivered at Terry's memorial service to reveal the breadth and depth of his musical talents, his remarkable ability as a teacher, his collaborative nature, the great respect in which he was held by friends and colleagues, and his deep commitment to FSA and the United Church of Canada. And the list of qualities and contributions goes on. In the period after Terry's death, numerous remembrances and tributes were written by members and adherents, and a series of messages providing updates and pastoral care were written by our minister. These appeared in a variety of forums from Facebook posts to the weekly e-blast to the Sunday bulletin. It was not possible to include material from these items in *Tidings*. But I can say from personal experience that the impact of reading all these contributions one after the other is simply 'WOW', both in terms of developing a shared sense of grief and of revealing what an amazing person Terry was. A light that shines through all of these contributions, both published here and elsewhere, is a collective recognition of Terry's tremendous humanity. Is there a greater tribute than this?

Also in this issue is the first of a two-part series on volunteerism. This topic was proposed by Kerry Hill; he and Heather Locking-Cusolito co-author the series. The first part assesses volunteerism at the national level, while the second part will focus on volunteer activity at FSA. The magnitude and scope of volunteerism in churches and non-profits is generally under the radar. This series aims to expose the bright light of volunteerism that is often hidden under the proverbial bushel basket. I also direct the reader to Joan Tuchlinsky's article on *Doin' the Two Steps* in which she emphasizes twinned elements of Christian service: helping those in need while simultaneously gaining an understanding of why people are in need in order to remedy the root causes. †



1350 Fanshawe Pk. Rd. W. London, ON N6G 5B1  
 ph. 519.473.5400 fx. 519.473.1305  
[www.austinandtaylor.com](http://www.austinandtaylor.com)



Rev. Michelle Down



As Lent and Easter come into both our focus and our bodies' memories; as we dare to believe once again in the season of spring with renewal and new life; it is a time for us to engage in some theological reflection. Not only in the question of: what are the things that we believe in as Christians, but also, how did we get to those beliefs?

Is it a conscious decision of mind or heart, or is it a reflexive body memory? Is it an awareness of part of our own matter, that was present at the teachings offered, the miracles shared, and also the death and resurrection of Jesus?

Many theologians would say that: 'it simply matters who is doing theological reflection.' God and faith do not exist in a vacuum; nor do we as the ones on the Lenten journey. We all bring to the theological reflection our gender, culture, experiences, binary or non-binary status, family traditions and expectations, historic belief assumptions, personal trauma or abuse, inclusion or exclusion from the church, and so much more. In fact I believe that it is impossible to leave out any part of ourselves, when we explore and examine the deepest most intimate relationships in our lives, our relationship with the Holy, Divine Trinity of Love.

And yet if we were being honest, I bet most of us would have to confess that many of our beliefs and Christian traditions have gone unexamined for years, or maybe decades, or maybe even generations. Lent and Easter are an invitation to begin that theological reflection again. To invite yourself into the study of your own Spiritual practices and beliefs. To examine more closely who is at the table here at FSA, and who is missing. To engage with your body and soul to relive the stories of Jesus' teachings and miracles. Where are you experiencing the miracles of love, empathy, compassion and hope today? What are the moments of both death and resurrection that you are engaged with? Reflect on them, and allow your eyes to see with new vision, the thumbprint that God has on those moments.

Lent through Easter is a theological journey indeed. They are not offered as a test, but instead as a reminder that we are never alone on the journey; that we are always invited to seek out companionship along the way.

Whom are you inviting to join you on this journey? Is it Mercy, or Grace, or Forgiveness, or Hope? Is it death, so that you can leave on the cross the burden that you have been carrying? Is it life, so that you can offer your Spirit the resurrected hope that it has been praying for?

Throughout this journey, may you be blessed with the constant companion of the Holy Spirit that guides and leads us into a consciousness of Light. May it be so.

Blessings along the Journey.

†



Joan Tuchlinsky

## DOIN' THE TWO STEPS



The sculpture, *Homeless Jesus*, by artist Timothy Schmalz, has been blessed by the Pope and installed in Rome; however, the work did have critics. In response to the criticism Schmalz says, "I look at homeless people and the first thing they lose living on the street is their sense of self worth. My sculpture is suggesting that not only are you worth something, but if God came down, he would look more like you than a politician or a rich businessman. That's Christianity. All human life is sacred. I'm using artwork as a tool to bring ideas out."

Schmalz challenges us to have a new understanding or new insight into those in our midst who are marginalized, oppressed or experience injustice in any way. His work encourages us to recognize the humanity and sacredness in each person. When we do this, we are called to respond to them and their needs with compassion and respect. And, if we take seriously the challenge to recognize their worth, we must not only respond to their

immediate needs through charity works such as providing food, clothing and emergency shelter, but also ask the hard questions about why they are in need and challenge the systemic oppression that contributes towards creating the situation.

This is what I call *doin' the two steps* of Christian service or social justice. For example, if we look at the plight of people who are homeless or struggling to find affordable housing we need to ask: Why are people struggling in our community to find affordable housing? What are the barriers to accessing affordable housing? What are the various levels of government in our community doing to respond? What do I need to learn more about in regards to social assistance, basic income and other related poverty concerns? And then, when I understand more about the reasons people are experiencing issues, I am called to advocate with our government representatives and work with organizations addressing the root causes.

Yes, we need to meet the immediate needs of people; however we are also called to address the complex causes and advocate for long-term solutions. We need to be *doin' the two steps* to faithfully respond to the needs of our world. That is true social justice.

A call for justice is nothing new. It is present throughout our scriptures. In the time of the prophets, in the time of Jesus and today, living out the will of God can often seem in opposition to the will of society. Society can often stress independence and self-reliance. People are told to "pull themselves up by their bootstraps," or "you made your bed—lie in it." For people living in poverty, living with mental illness, or those having experienced trauma throughout their lives, this is a slap in the face and reflects a lack of understanding of the complicated issues people face.

We need to listen to those experiencing challenges. We need to hear the stories and learn. Through learning, advocating and challenging the systems that hold people back from living in dignity, we can be signs of hope, light and love for others. Then, we will be walking in the footsteps of the One who lived and danced the two steps of social justice. †

*Joan Tuchlinsky was the guest speaker for the Mission and Service worship service at FSA on January 12, 2020 and this article is based on her spoken message. She is Minister, Social Justice for the Antler River Watershed, Horseshoe Falls, and Western Ontario Waterways Regional Councils. Previously Joan ministered with a 2-point rural pastoral charge for six years and was the Public Education Manager, Sexual Assault Support Centre of Waterloo Region (a Presbytery-recognized ministry) for twelve years.*



Steve Elson

# DAVID AND GOLIATH

You are probably familiar with the name Malcolm Gladwell. He's a staff writer with *The New Yorker* and best known for his book *The Tipping Point* (2000) which talks about movements and change reaching a critical threshold—or “tipping point” whereafter they become dominant trends.

A more recent and lesser-known book he has written is called, *David and Goliath* with the subtitle “Underdogs, misfits, and the art of battling giants.” (2013). It is an interesting read that puts forward the thesis—using a series of examples, that seemingly powerless people can confront, and win, against seemingly insurmountable or difficult odds. The common denominator is that rather than “doing battle” using the terms and conditions defined by the more powerful force, the “underdog” redefines the nature of the encounter and comes up with winning strategies that play to their own unique strengths.

*David and Goliath* is a case in point. At first glance it is a weak person taking on a much stronger, powerful one. The odds of David being successful are slim to none. However, Gladwell looks beneath the surface and points out that David has significant advantages over Goliath—not the least of which is his speed and agility. We learn also that people who were expert in using slings (slingers) were highly valued, and with accuracy could deliver deadly blows to an opponent, regardless of their size. They were also expert hunters and could down prey readily. So, knowing this, the odds of David defeating Goliath change. While Goliath was heavily armed, big and heavy, David was agile and fast—so in reflection he has better than even odds of winning, doesn't he?

The lesson coming out of this and other examples in the book is that when facing challenges, we might need to rethink our approach and assumptions in order to be successful. We certainly need to be mindful that what works for one group or organization might not work for us because we might have different skills, talents and strengths and therefore we might have to do different things and do things differently.

Being open to change and being successful means being able to be thoughtful, reflective and insightful—it means being aware of our talents, strengths and using them to our advantage—something each of us can do in our personal lives and something we can all do in the life of our church. †



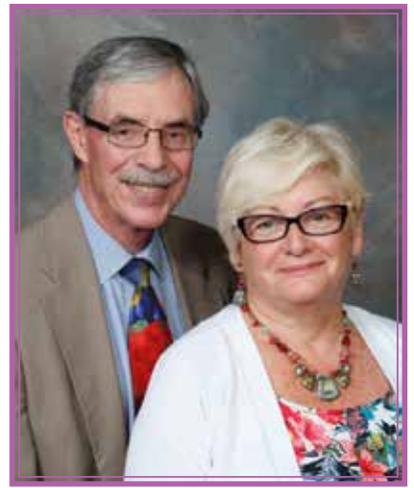
Jim Deacon  
President  
**DEACON FLOORING**  
CARPET, WOOD FLOORS & RENOVATIONS  
EXCLUSIVE SHOP AT HOME SERVICE  
519-870-RUGS (7847)  
1900 Hyde Park Road  
London, Ontario N6H 5L9  
Tel: 519-472-2992 Fax: 519-472-2998  
E-Mail: jim.deacon@deaconflooring.com  
Residential Renovations Commercial

  
**Dan's Jewellers Inc.**  
~ Custom Made Jewellery ~  
Watch & Jewellery Repairs Done On Premises!  
1673 Richmond St. N.  
London, ON N6G 2N3  
519 850-0218



Jim Silcox

## STEVE AND CAROL ELSON



You've been reading his thoughtful and inspiring prose under the banner, "View from the Pew," for years. Now he's the new Chair of Council, and we thought you'd like to know a little bit about the Elsons.

Steve was born near Manchester, England, and has two older and two younger siblings. But he has one brother who is neither older nor younger. Steve is a twin! His parents came to Canada in 1953 and first settled in Kenmore, in the Ottawa Valley, where his father took up farming. In 1957 his dad enrolled in Divinity School at McGill and was subsequently ordained as a United Church minister in 1960. From there on, typical of "PKs" (preacher's kids), Steve experienced many family moves, largely between Quebec and Ontario.

Skip ahead a few years and we see Steve graduating in 1969 from U of T with a degree in Sociology and then back to school to obtain his Masters of Sociology in 1977 from the University of Guelph. There followed a rich career with a variety of roles, always reflecting his interest in improving the quality of life in Canadian populations. Over the years he has served in the domains of mental health and addictions, children's services and community health (the latter via the Ontario District Health Councils). His focus, prior to his retirement four years ago, was in health care integration and he held a post that was jointly funded by LHSC and St. Joseph's to develop collaborative partnerships to improve the quality of healthcare provided to patients served by the hospitals in the Southwest region.

Steve met and married Carol while he was working in Toronto in the early 1970s. She brought four children from a previous marriage into their relationship and together they had a fifth. It sounds like there was never a dull moment in their household as they raised their family.

Carol who was trained as a teacher and taught before raising her family, went back to school in the mid-1980s and obtained a degree in Psychology. She subsequently worked in both hospital and community settings as a social worker, a mental health professional and small group leader. When she moved to London she became part of a programme called "Partners in Caring" run by LHSC where she served as a lay spiritual care volunteer for over 15 years. Recently, Carol, who was born and raised a Roman Catholic, has taken on the role of distributing the sacraments to hospital in-patients at Victoria Hospital. She truly has lived an ecumenical life, lending her support and expertise to those of many faiths.

We are blessed to have such a compassionate and inspiring couple in our midst and look forward to Steve moving into a leadership role in the congregation of First-St. Andrew's.

When asked about his aspirations for his upcoming role, Steve had this to say, "Leadership at FSA is a team effort and team undertaking. I hope that during my two years as Council chair that FSA will begin to see its long-term future in a positive and hopeful light. It will take work and effort but I am confident we can be successful—by working together." †

**H | HARRIS**  
 FUNERAL HOME LTD

Traditional Services ❖ Cremation Alternatives

For preplanning information visit  
[www.HarrisFuneralHome.ca](http://www.HarrisFuneralHome.ca)  
 or call 519-433-7253

Family-owned & operated since 1962

**London AUDIO**  
 beyond sound

-home theatre - audio systems - home automation  
 -lighting control - commercial AV

1690 Richmond Street  
 London, Ontario  
[londonaudio.com](http://londonaudio.com) 519.673.1780

# VOLUNTEERSM IN CANADA AND FIRST-ST. ANDREW'S UNITED CHURCH



Heather  
Locking-  
Cusolito



Kerry Hill

*“ . . . Jesus himself said: It is more blessed to give than to receive.” (Acts 20:35)*

Volunteers are the life-blood of [non-profit] enterprises; simply put, most non-profits could not exist without volunteers. Through their volunteer efforts, individuals grow their communities, enhance community and civic engagement, and generate positive meaningful change in the social, political and environmental arenas (TD Economics, April 23<sup>rd</sup>, 2013; a newsletter of TD Bank).

In 2011, researchers at Johns Hopkins University estimated that almost one billion people in the world volunteer their time every year—a staggering figure.

Every day, Canadians contribute money, time and talent to improve the well-being of their communities. (We call this “Stewardship” in the church.) Volunteerism includes everything from individual acts of kindness to organized groups serving the global community. Individual tasks can range from shovelling a neighbour’s driveway to providing leadership for an Olympic Games Committee requiring 80,000 volunteers. Volunteers can be found in hospitals, churches, schools, medical charities (Canadian Cancer Society has 100,000+ volunteers), service clubs, political parties, and public agencies at all levels of government.

It is estimated by Statistics Canada that Canadians give almost 2 billion hours of service annually to groups or organizations, valued, conservatively, at about \$50 billion annually—almost 3% of our national economy.

Historically, the average rate of volunteer participation in Canada (ages ≥ 15 years) lies between 40-50%. In the 21<sup>st</sup> century, as our population has aged, the overall volunteer participation rate has declined slightly. As one might expect, the participation rate of seniors is lower than that of younger age groups.

However, people 55 years and older who *do* volunteer, contribute significantly more *hours* to organizations than other age groups. Of those Canadians who volunteer, each donates about 150 hours of time, annually, on average; of those 55 and over who volunteer, the average is over 200 hours per year.

What are the benefits of volunteering to the individual? “For teens and young adults it is an opportunity to gain experience working with people sharing a common purpose. Volunteers can acquire [or use] skills (e.g. management, communication, teaching) as well as knowledge of organizations and current social or political issues. Some research has shown that volunteering can even contribute to the improved well-being and health of individuals.”

The collective benefits of volunteerism to society may extend beyond the activities of an organization itself. As also noted by Statistics Canada, volunteerism has broad implications for society: “Research has suggested that volunteerism, by bringing together persons from all walks of life to work on a common project or objective, contributes to ‘social cohesion’ or ‘social capital’—for example, by increasing social trust, reciprocity and sense of belonging in communities.”

We can see all these attributes in action at First-St. Andrew’s. In the next issue of *Tidings*, we will look at volunteerism at FSA. †

*This is the first article in a two-part series on volunteerism. Canadian statistical data, related material, and the two quotations in the text are from Statistics Canada web site at <https://www150.statcan.gc.ca/n1/pub/89-652-x/89-652-x2015001-eng.htm>. Google “Volunteerism in Canada” for more information.*



Nancy Quinn

This beautiful yellow brick Romanesque building at the corner of Colborne and Piccadilly was established in 1853, as Colborne Street Methodist, then became Colborne St. United Church, upon Church Union in 1925. Since 2011 Colborne Street United, Empress United Church and Robinson Memorial United Church have successfully blended the life blood of three sister congregations in one edifice. Reverend David R. Carrothers, who has served Colborne Street United Church for 39 years, is much-loved and respected by his congregation. Eleanor Hunt, Clerk of Session and originally from Empress, worked extensively on the Amalgamation Process.

Eleanor details that the amalgamation process started twelve years ago with Empress on Blackfriars. Robinson Memorial on Richmond Street joined in the process shortly thereafter.

The three-party amalgamation was completed on February 2<sup>nd</sup>, 2011. Trust funds and the proceeds from the sale of both church properties came over to Colborne Street United. Some of these funds were used for: (1) installing Sanctuary air conditioning; (2) renting a small Voyago coach bus for



# Celebrating Colborne Street United Church

worship service transportation; and (3) for acquiring state-of-the-art projection equipment. The bus, Eleanor says, was crucial to the success of the amalgamation. Installing all of the stained glass windows from Empress and Robinson at Colborne Street helped the transplanted congregations settle in. Eleanor thankfully says, "It was just like going home. We feel accepted. Everyone was so welcoming. There is no feeling of this is yours and this is mine. It was a wonderful experience."

Norma Jean Greenslade, Colborne Street's church administrator for over a decade, supplied the following organizational details. With a role of 570 families (1571 individuals) who are considered active, Colborne Street's base includes adherents, members and children. The 10:30 am Sunday morning worship attendance is about 170. Their annual budget is \$399,174 down from \$453,169 in 2019. The reduced budget happened when their second Minister, Reverend Diane Macpherson, retired and when the Music Director, Sonja van de Hoef-Fraser, resigned when she was appointed as Pastor of St. Paul's United Church in Milverton. After a Needs Assessment around

## St. Anne's Anglican Church (Byron)

1344 Commissioners Rd W



### DOWNTON ABBEY High Tea

Sunday April 19<sup>th</sup>, 2 to 4 PM

Call for Tickets \$20

Nancy 519-859-7459 or Jean 519-473-9417

"Your Home Appliance Experts"

www.arvaappliances.com

## ARVA APPLIANCE CENTRE

21593 Richmond St. N., Arva, ON M0M1C0 P. 519-460-8314 F. 519-460-1340 e-mail: info@arvaappliances.com



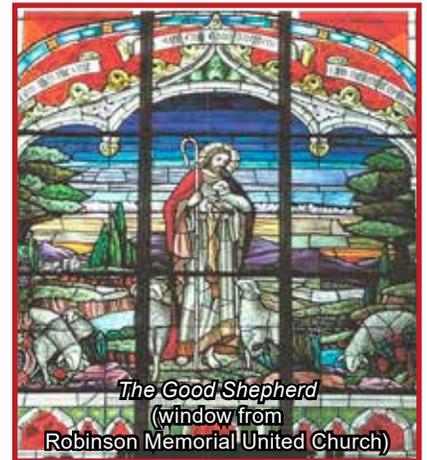
staffing, there will be a new budget. The minister and one member from each of the following committees serves on the Church Board: Archives, Communique Newsletter, Christian Education, Board of Trustees, Membership, Pasto-

ral Care, Stewards (finance and operating the church), Local Outreach, Property Management, Ministry and Personnel, Refugee Assistance, Worship and Music, Session (spiritual growth and health of the church), and a Colborne Street London Inner-City Faith (LIFT) representative. There is a part-time paid treasurer position. Rentals include the following organizations: The Grosvenor Nursery School; The Montessori School; Shout Sister Group; and two AA groups (mainly free rental given as community outreach). There is always something going on at the church, from Goopy Green Day for the kids to the Harmony Club's dinner meeting. There is an active Sunday School. February 14<sup>th</sup> saw Colborne's Youth Connection, with Co-ordinator Karol Boyd, join with FSA youth for a skating and hot chocolate outing. The UCW has 40 active members many of whom meet informally every Wednesday morning for Take a Break, along with other interested folk. Over a four-year period they have knitted 230 prayer shawls, done many crafts, consumed copious amounts of coffee, and had a wonderful time. On occasion the UCW helps organize funeral teas. The Day-Lighters

meet over bring-your-own lunches to hear a wide spectrum of educational speakers. The Local Outreach's volunteers, as part of Northern Hospitality, serve dinner to 95 to 120 guests on the last Monday of the month.

The music programme at the church is diverse, with a thirty member Chancel Choir and The Colborne Street Ringers.

With former Music Director, Sonja van de Hoef-Fraser, there was an exciting I Can PLAY children's music programme. Strings n' Things, with Ian Seddon, offers a fun opportunity for people in the church and community to play in an ensemble setting—and then share the music with their church family. Past music directors, Eva and Bill Bettger, (now at FSA and in the Senior Choir)



*The Good Shepherd*  
(window from  
Robinson Memorial United Church)

conducted oratorios and helped found the famous North London Hootenanny Association, which met at the church. Further information on Colborne Street's rich church life and programming can be found on their website and face book page. †

*Editor's note: Much of the content of this article is based on interviews with Norma Jean Greenslade, Church Administrator, and Eleanor Hunt, Clerk of Session. Their co-operation in the preparation of this article is greatly appreciated.*

Covers  
**Designers' EDGE**  
Complimentary  
In-Home Consultation

297 Exeter Rd London, Ontario  
designersedgecanada.ca  
519- 652-0222

Blinds . Shutters . Drapery . Bedding

**Sutton** **TIM ESTABROOKS**  
Sales Representative

**SELECT**

**SUTTON-SELECT REALTY INC.**  
Brokerage, Independently Owned and Operated  
250 Wharncliffe Rd. North, London ON N6H 2B8

**Direct: 519-777-3801**  
**Office: 519-433-4331**  
**timestabrooks@sutton.com**  
**suttonselect.com**  
RESULTS THAT WILL MOVE YOU

*Our Attitude*

We can transfer your old tapes, photo slides, and movie films for modern viewing.

**Bob Peel**  
**PEEL PRODUCTIONS**

(519)203-5000 info@peelvideo.com peelvideo.com

**KOMOKA**  
**FAMILY DENTISTRY**

**DR. ANDY SHIH**

(519) 694-2567  
info@KomokaFamilyDentistry.com

Caring For Your Oral Health

# Remembering *Terry Head*

November 1, 1970–November 18, 2019



*Merran Neville*

For just over three years from September 2016 to November 2019, Terry graced us with his presence and the exciting programmes that he brought to FSA. These were for all the music groups, including choirs and handbell ringing for young and old alike. Terry's personality pervaded FSA and we all admired his musical ability and his gift for engaging and embracing so many.

Barbara Plante introduced Terry in her article "*Getting to Know Terry Head*" in the [2016 fall issue of Tidings](#). When Terry arrived at FSA in September 2016, he had a wealth of experience in church ministry from which we benefitted greatly. We realized very quickly that we were blessed to have found Terry.

The comments which follow are excerpts from the four eulogies that were delivered at Terry's memorial service on November 26, 2019.

### **Paul Merritt, Co-President of the Royal Canadian College of Organists (RCCO) London Centre:**

Paul noted that "Terry had been a member of [the RCCO] for three years and in that short time had made a lasting impact on our group and was beloved and respected by us all." The group soon discovered that the word "Yes" typified Terry. His excellent skill on the computer saw him regularly helping to make RCCO note cards and envelopes. And he helped in many other ways, from presenting new pieces at Anthem reading workshops, conducting, to playing at the annual Carol Service. It was virtually impossible for Terry to say "No"! "To know Terry was to love and respect him.... Terry was a fine musician but, more importantly, he was a dedicated and supremely pastoral church musician and wonderful person."

### **Jason Locke, Chair of Music United and Minister of Music at Islington United Church in Etobicoke:**

"Terry was deeply committed to [the] cause of Music United (a music resource committee of the United Church of Canada). Why? Because he was completely committed to networking and resourcing and collaborating; he cared about the health of [the FSA] congregation and the larger church; he knew ... that music has an integral role to play in learning how to love God and love our neighbour.... Terry was a diligent worker who took great pride in the various aspects of his life—his family, friends, [and] ministry. I remember, early in ministry, feeling that my plate was full—and then I met Terry. Terry loved his ensembles, choral, handbell, instrumental—and he worked to balance all of these things skilfully. He had so much music to give—for as long as I knew him, the measure of his days, he brought beauty with him everywhere he went; a deep, deep passion for music and this will not decay.

"The light that was Terry's life burned with the most glee, perhaps, when he was working from a place of hospitality. I'm sure many of you have experienced it. He was the consummate host, and quite the chef to boot. This light meant that when people came into his areas of influence, they experienced full welcome. He shared not only great musical gifts but also the gift of space to nurture and encourage the contributions of others. How naturally he refracted the radical welcome of Christ."



**Margaret Merkley, President of the Ontario Guild of English Handbell Ringers (OGEHR):**

“One of Terry’s many passions was the art of handbell ringing. And the art of handbell ringing epitomizes collaboration. Terry was a brilliant director who was able to encourage his choirs to become talented and co-operative team players, and the best musicians each of them could be. He also loved to ring (as a member of a handbell choir) in spite of his very busy life ... and was an exceptional [OGEHR] committee member as he was so willing to step up and help out wherever the need might be.

“Although Terry’s death will leave a tremendous void in the handbell world in Ontario, we know that the energy, passion and dedication he gave to this art form, has been passed along to countless ringers. None of us quite know how we will move on without this caring, kind, thoughtful, generous man whom we loved and respected, but I have faith that Terry’s musical spirit will move us forward in the days, weeks, and years ahead.

“While words cannot express how deeply we will miss our dear friend Terry, as fellow OGEHRs, we will continue to ring handbells, to honour his memory and his legacy, a legacy of true leadership, musical talent, and strong collaboration.”

**Merran Neville, Chair FSA Music Committee:**



“[When] Terry took up the director of music position in September 2016, he came in like a whirlwind! He quickly formulated plans for his first year—and before we knew it we were on board for—the greatest musical ride of our lives.

“Terry was a consummate teacher. His attention to detail and skill-building in all the music groups he worked with at FSA brought results, and it was always done with his delightful sense of humour. He had such confidence in us, believing we were capable of far more than we thought we were and we worked hard to meet his expectations. His sheer determination to make things happen took energy and enthusiasm, which he had in spades.

“Terry had a great desire to collaborate with other music groups and he sought out partnerships which resulted in greater opportunities for all. His first collaboration was in 2018 with London Pro Musica and London Symphonia in a performance of Mendelssohn’s *Elijah*.” He collaborated with Chad Louwse to bring our first annual “*Sing-along Messiah*” last Christmas [2018]. This spring [2019] we collaborated with the Beal Singers and their director, David Weaver, in a performance of *The Peacemakers*.

“[Terry] was a kind friend to many in the congregation. After church on Sundays, he attended coffee and conversation and stayed a long while to visit with people, to learn about their lives and enjoy the friendships that developed. He attended every concert of outside groups held at FSA, meeting the conductors and making friends with them too. He attended concerts of choir members, the soloists and vocal scholars, even playing the accompaniment at times. Nothing was ever too much trouble.

“Terry was a bright shining light in our midst and ... his beautiful spirit will remain with us. He showed us how to be in relationship with each other, how to love and respect each other and how to make music. We will treasure these things and be grateful for the glorious three years we had him with us.”

We have learned through the comments of many about the tremendous involvement that Terry had with so many groups locally, provincially and nationally. Condolences have come from far and wide from those who treasured Terry’s abundant generosity and involvement in various organizations. We at First-St. Andrew’s have indeed been truly blessed to have had Terry in our midst and to have experienced his gifts for the time that he was with us. Terry’s progressive impact on FSA’s music programmes and his uplifting effect on FSA and its people will provide as yet untold blessings in the years ahead. †

*The excerpts from the eulogies prepared by Jason Locke, Paul Merritt, Margaret Merkeley, and Merran Neville are reproduced here with their permission. FSA is grateful to them for expanding our knowledge of Terry’s life and work, and for enriching our collective memory of him. After Terry’s memorial service, FSA received a [letter of condolence from the Moderator of the United Church of Canada](#); this letter is available from a link on the Bulletin Board page of our website.*



Robyn Marie Butt  
FSA Writer-in-Residence

## FOR TERRY, IN MEMORIAM

NOVEMBER, 2019

(i)

It wasn't one particular note. Or maybe it was  
but the panoply, conflagration of all that soul  
turned melody sets something spinning  
in the chest. A universe: planets rotating, suns rising  
and falling, moons cycling as day followed night followed day  
and rain fell or tinkled and light blared or  
settled, trembling, and lives fell to knees or ran  
towards their making: whatever sung or blown notes  
whatever scales climb and fall from God  
considerate and careful, you gave us. Dashing back and forth  
from the places of music  
which we thought we could name but actually  
are the places notes hold beyond words, that may be better  
than words (you often seemed  
to think so, if printed lyrics  
are any indication, and pretty much any poet  
would agree). Dashing to conduct or play  
you let the gifts release, find their levels  
hum intentions pondered  
at deliberate length, which bridge  
our ears with God's.

(ii)

That first day  
I rested in the in-between place  
you've gone to now  
so suddenly. Not that you created it, but you made it  
possible to hear, sent forth  
from your fingers and toes  
on keys or pedals, your rhythming  
hands leading five dozen voices. These became  
my space of refuge. Contemplation, arrival.  
May those, now that we are firmly here and you  
are not, be yours. May all that rigour  
discipline, the repetitions  
that lead to something  
cohered we need not demean by merely naming  
*Practice*

have become unnecessary, and there where you sweep-in  
to downbeat whatever vast vocal chambers, may it all  
echo simply with what is effortless, arrived essence  
of worlds in harmony, descants descending, counterpoints hunting each other as our hearts  
hunt you and must learn we will not find. May one great chord  
grow round and hold, even though we work to feel it,  
vibrate golden the globes of heaven's voices lifted  
by angels happy  
to follow your lead.



Nancy Quinn

Mary Lou will be remembered for her warmth, caring and thoughtfulness. She served for over thirty years as a fitness instructor at the Canadian Centre for Activity and Aging at Western University (located at Mount St. Joseph). Joni Pypka, long-time friend and fitness student, remembers that Mary Lou was able to communicate both verbally and non-verbally and that “she was concerned for the well-being of each and every person in the room.” Mary Vernon, another fellow FSAer and long-time fitness student of Mary Lou’s, remembers that “she was always so kind to everyone. If you were sick she took special care of you.” Mary remembers her visiting her students when they moved into long-term care. When one of her students passed on, she was always on hand to help the families. She was “very well respected.”

Mary Lou was best known for the twenty minute chair exercise and stretching component of a fitness class, which she team taught three times a week for many years. It was the famous 8:15 class, held Monday, Wednesday and Friday.



## Mary Lou Douglas-Dubois

August 26, 1936–August 26, 2019

She was very careful about monitoring the exercise form of her charges (both women and men). In the past few years, Mary Lou did retire, but still helped out as a volunteer, often teaching twice a week.

Family and her husband Jack were central in her life. She had a blended family, made up of five children and three great-grandchildren. She was always ready to help others and to lend a listening ear. Travel, her reading group, pole walking, and cooking were all activities she delighted in. Her chocolate chip cookies were enjoyed by many.

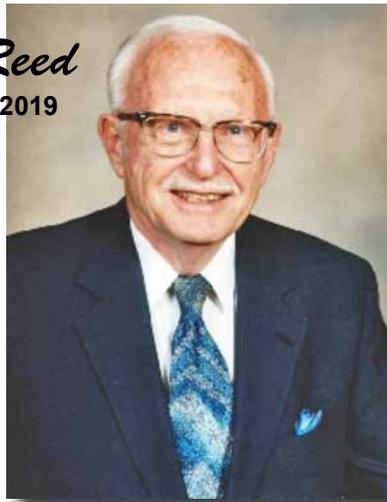
Joni Pypka was Mary Lou’s membership sponsor at First-St. Andrews in 2012. Joni remembers that Mary Lou found spiritual nurture in the guide, *My Utmost for His Highest*, by Oswald Chambers. She absorbed the worship services eagerly and shared a pew with Joni. Mary Lou was a faithful member of our FSA United Church Women (UCW), attending meetings and helping with various projects, such as our annual UCW Spring Rummage Sale. Always a picture of elegance, Mary Lou was an expert in helping clients put together outfits in our Rummage Sale’s Boutique area. We will miss her kind eyes, gentle smile and interest in everyone around her. We will remember her with warm affection. †



David McKane

## Robert C. Reed

June 2, 1922–August 17, 2019



Robert Charles Reed was born and raised in London, Ontario. He attended Central High School before enrolling in UWO. Called up for service during university, he joined the RCAF and was trained as a multi-engine pilot during WW2. After the war he returned to London joining London Life where he served as head of the group department which initiated the introduction of computers. Married to Alyce for over 70 years he helped design their home on Heathcote Ave. in Orchard Park, completing most of the finishing himself. Bob loved to play the piano and to dance with Alyce to the Big Band music popular in the forties and fifties of the last century, especially Swing. Watching *The Lawrence Welk Show* on television was a part of their weekly diet. An accomplished watercolour painter, Bob also dabbled in pen and ink drawings.

As Bob tells it, he and Alyce met as infants. Their respective parents were friends and used to walk pushing Bob and Alyce in their strollers along Piccadilly Ave. Bob and Alyce had two children, Catherine, who now lives in Bruton, Eng-

land, and David who lives here in London. Catherine is the mother of their only grand-daughter, Rosalind.

Bob was an avid sports enthusiast, winning many trophies in golf and bowling while working at London Life. Possessing the ability to do many things from model building to home repairs, the cottage at Ipperwash Beach was the scene of many happy memories where Bob sailed

his catamarans. He built a Seaflea racing boat which a nephew has recently restored. Active on many FSA committees during the ministries of Moir Waters, Angus MacQueen, and Alex Farquhar, Bob was, for many years, Clerk of Session of FSA.

A devoted husband and father Bob Reed had a delightful sense of humour, a quick wit and many stories to tell. His wife Alyce, who suffers with dementia, resides in Oak Crossing. It was always a joy to visit with Bob. He died on August 17, 2019 in his 98<sup>th</sup> year. †



# Margaret Trethewey



Nancy Quinn

*"The man who fights for his ideals is the man who is alive." [A favourite quotation of Margaret's, from Cervantes]*

“We at First-St. Andrew’s have been so fortunate to have a flutist of Margaret’s caliber in our music program,” says Paul Merritt, FSA’s Organist Emeritus and past Music Director. “She is a musician who is so willing and generous in sharing her abilities with us.”

Born in 1948, Margaret, the eldest of three sisters, grew up in Montreal, Quebec. She attended St. Phillip’s Anglican Church, which like FSA had a strong choral tradition. Her family background includes Cornish and First Nations heritage. Margaret’s father, John Trethewey, hosted the *CBC* radio classical music program, *Concert Time*, from 1958, weekday mornings, for eighteen years. A stream of wonderful music continually eddied through the house, with record companies sending their newest classical recordings.

In the summer of 1962, Margaret heard Canada’s National Youth Orchestra (NYO) at Stratford’s Festival Theatre perform *Saskatchewan Legend* by Murray Adaskin, with a sublime flute solo, played by Jean Verch (later flutist with the National Ballet of Canada Orchestra). Margaret was inspired: “It’s gorgeous and I want to be able to do that.” She practiced diligently, despite the challenges of on-going orthodontic work. Her passion and talent for the flute led to her auditioning a year later for the *Conservatoire de Musique* in Montreal, where she was accepted on full scholarship. Her



*Conservatoire* flute teachers included: Herve Bailargeon and Jean Paul Major.

Margaret played with the NYO in 1968 and 1970, where she met Samuel Barber, (Professor at Juilliard and the Manhattan School of Music). She studied privately with him in New York (1970-1971). In 1974 she went to Innsbruck, Austria to study Renaissance and Baroque Performance Practices for the flute, recorder, and viola da gamba.

In the 1990’s, Margaret’s parents retired to London, where she came to teach and perform. She taught extensively in the Suzuki Music community. A sought after flutist, Margaret has worked with established London conductors including David Weaver, Bob Kennedy, Gwyn Beynon, and Karen Schuessler. She enjoyed being assistant to Doug Keenan, head music buyer at the famous Belle Air Music, where she excelled in finding difficult to source classical music scores. She taught flute privately, led local schools’ flute clinics, and established The Martlets, a youth handbell choir at Saint Martin’s Catholic School. Now mainly retired, she enjoys teaching our own Becca Skelly. In her spare time, she enjoys listening to classical music,

spending time with her beloved cats (Annie and Sally), and cooking French gourmet food.

Margaret came to First-St. Andrew’s in 1997 to ring with the Laudamus Bells. Over the years she has contributed many exquisite flute solos, as well as collaborating with the FSA Strings, the Senior Choir, ensembles, and orchestras. She is a member of the Senior Choir. Margaret has exciting plans to organize our Library. She came for the music and stayed for FSA’s message. We thank Margaret for sharing her rich musical talents and *joie de vivre* with her FSA church family.†

## NOTEWORTHY



Congratulations to Fran Thompson on the occasion of her 100<sup>th</sup> birthday on March 8<sup>th</sup>, 2020.





David and Marilyn Beach

# Donna Thompson

Donna was born in Toronto, moved to Uxbridge for a number of years, and has been here in London for about three years. She is retired now, but was a Montessori teacher for her teaching career. She is a mother of an adult son and daughter who live in Toronto. She really enjoys travelling and has just recently come back from Jamaica. Donna was in India volunteering for a few years, teaching teachers and helping out in classrooms. During her time overseas, she travelled around the Asian continent visiting many places. Upon her return to Canada, she settled here in London. David Beach got to know her from a cycling group and he told her much about FSA. She decided to take a look. Donna found everyone to be so warm and friendly. She enjoys and appreciates Michelle's sermons because they are thought-provoking, and she finds Michelle to be warm and open. Her spiritual journey started at First-St. Andrew's and in January she became a member of our congregation. Donna is involved with the book club, Membership & Nurture committee, and the Mission & Outreach committee. †



## COMMITTEE REPORTS



### COUNCIL Steve Elson

I am pleased, as a brand-new and “yet to be tested” FSA Council Chair, to have the opportunity to talk briefly about what lies ahead for us.

First of all, I am delighted to be working with the dedicated staff and volunteer leaders who make up the Council. There are many talents and gifts represented and that will ensure different points of view are expressed and debated. It is very important, in my opinion, to have a space where this can happen openly, candidly and also with respect and thoughtfulness.

Second, I would also like to take this opportunity to thank George Jolink for his leadership over the last two years. George has presided over Council meetings with an even hand and has demonstrated his leadership abilities of tact, diplomacy and good humour.

As a Council it is our responsibility to bring leadership and direction to the future of FSA. This not only includes our financial well-being but also our health as a community of faith, our contribution to the well-being of the larger community and our commitment to music and the arts.

In terms of the near future, as a Council and primarily

through the work of the Ministry & Personnel Committee, we will be going through a search and selection process for a new Director of Music. As I am sure you can appreciate, it will be important to select someone who meets both our present and future needs. Please keep the selection group in your thoughts and prayers in the coming months.

The Board of Trustees continues to do an excellent job of managing our long-term financial health and the Finance Committee keeps a close eye on our ongoing operating costs—this will be a challenge as we have witnessed for some time now.

Reaching out to the larger community and looking for opportunities to engage with others, both by bringing people into FSA and going out, is an important part of our mission as a church and we all have a part in making this happen.

Council will also be paying close attention to the work of the Planning Committee as it turns its attention to ways to make our church building sustainable in the long-term. We have a real treasure in our church building and the Sanctuary in particular. As stewards we need to be open to creative ways to adapt the building to address the new opportunities that lie ahead.

**May we all see the possibilities in each of us.** †



## TRUSTEES

*Doug Jones*



Bill Peel

In this first 2020 article from the Board of Trustees of First-St. Andrew's United Church, we are pleased to have this opportunity to introduce the Board and its activities. As you should be aware, the historic church property, for which the Trustees own the Deed and manages funds to maintain the property and assist with FSA's congregational activities, continues to be the stewardship and fiduciary responsibilities of all Trustees.

The Board welcomed new members approved at the January 26th Annual Congregational meeting including **Paul Cooper, Janice Elliot, Russ Gonder, Don Jones, Jim Silcox, Jackie Williams and Mary Vernon.** They join the ongoing members including **John Eberhard, Jane Hill, Doug Jones, Bob Kennedy, David Manness, Bill Peel, Al Salmoni, Katherine Wonfor and Rev. Michelle Down.**

At the same meeting we saw the completion of the terms

of **June McKay**, who has been vital as Chair of the Memorials Committee of the Board, as well as many years of support for so many activities at FSA, and of **Bob Schram**, who has been a dedicated member of the Investments Committee of the Board, having completed a quarter century of continuous participation, and such a strong supporter of FSA. To both, for your contributions, a heart-felt **THANK YOU!**

The four Board committees, with at least a Board member on each include: a) Investment; b) Insurance; c) Long-Term Giving; and d) Memorials. Each has distinct responsibilities and meets as required. To highlight only one, the Long-Term Giving Committee continues to look for opportunities to increase the awareness of the congregation of the essential role of Legacy funds to the operations of FSA. Together with the Memorials Committee, the Long-Term Giving Committee and the Board, are also developing a policy proposal for Council to provide new opportunities for non-end-of-life contributions to Legacy funds and provide suitable recognition for such contributions. Look for an update in the spring.

It is vital to recognize that Trust Fund stewardship is not only for the current congregation, but also to those who have left legacy contributions, and to future congregants. †



## MEMBERSHIP & NURTURE

*Heather Locking-Cusolito*

Several of the projects we have been working on are making progress, but slowly. For example, we are pleased that Annabelle Logan has volunteered to spearhead the development of a trial Open Sanctuary one afternoon a month. While the concept at first glance looks straightforward, the issues are significant, particularly with respect to security, volunteers, meeting extra needs of those who make use of the sanctuary and advertising its availability. Annabelle's enthusiasm and wisdom will play an important role in seeing this project to fruition. She hopes to be ready to begin the Open Sanctuary trial in early autumn of 2020.

At the time of writing, work on the Programme Directory outlining activities and opportunities at FSA is nearing completion. Kathryn Skelly is owed a special vote of thanks for her hard work on this valuable asset.

We were delighted to welcome Donna Thompson formally as a new member of FSA at a wonderful service on January 19, 2020. Donna has made significant contributions to the two committees she sits on at FSA—Membership & Nurture where she has assumed responsibility for stocking the cards

in the pews, and Mission and Outreach where she is taking on the role of liaising with Council. Thanks are extended to Glenna Hall for coordinating the reception in Proudfoot Hall following the service.

We spend significant time in each committee meeting considering the Pastoral Care needs of our congregation. Recently with the loss of Terry Head and the death of nine current or former members of our church family, the need has been great. We are thankful for the important ministries of the Caring Callers and the Prayer Chain under the leadership of Annabelle Logan. Annabelle is pleased to welcome Jean Wuensch and Aldis Murray to her Caring Callers team. Gerry Meacham continues to reach out to people experiencing loss, illness or bereavement and has sent over 32 letters in the past few months. She has also received several letters of thanks from recipients of these letters. Our congregational lay visitation team had a very successful and enjoyable time visiting their flock prior to Christmas. We also try to reach out personally to people whom we have noticed are missing in the pews. As ever, we are thankful for the pastoral ministry of Rev. Dr. David McKane and of Dr. Jo Ann Silcox.

If you know of anyone requiring the support and comfort of Pastoral Care please do not hesitate to pass their names along either to the office or directly to David or Jo Ann, or to any member of our committee. †



## MUSIC

Merran Neville

Following Terry's untimely and tragic death in November, we thought that our music programme at FSA might collapse, but we have many stalwart and gifted individuals at FSA who pulled together to keep it going through the Christmas season and into 2020. Principal amongst these is Paul Merritt, organist emeritus, who found himself once more at the organ leading us in worship and rehearsing and conducting the senior choir. Paul has now been joined by Dr. Victoria Meredith who is serving as interim choir director. Viki is leading choir rehearsals and is conducting in services, including Good Friday, as well as the spring concert in May.

Our FSA staff has supported us throughout this sad and difficult time and we are most grateful. Kathryn Skelly deserves special mention for taking on additional duties for music, including preparing all the programmes for our concerts, which Terry had done previously.

Concerts so far in 2020 include:

- Jan 15: FSA Strings concert which was postponed from Nov 20, 2019
- Jan 19: Chamber concert given by Mary-Elizabeth Brown, violin and Marion Miller, piano
- Feb 14: A Sold Out Woodfield Jazz evening with The Bettys.

And coming up:

### Friday Lenten Noon Recitals:

- Mar 13: Claire Jones-Fright, violin, and Lauren Thomson, piano
- Mar 27: Saunders Secondary School Chamber Strings, Igor Saika-Voivod, Director
- April 3: Laudamus Bells, Paul Merritt, Director

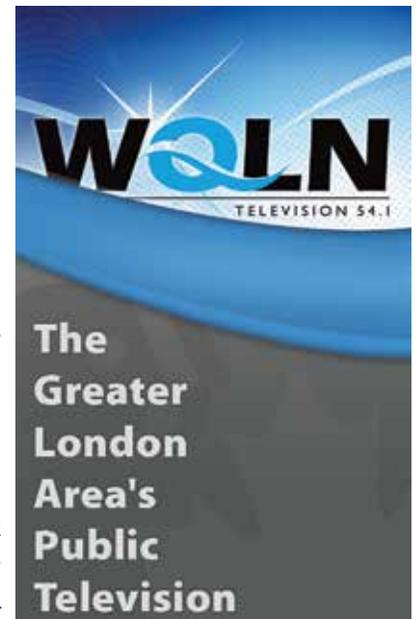
**"Love in three-four time"** on March 21 features the FSA Senior Choir soloists, Sonja Gustafson, Francesca Ranalli, Chris Wood and Alastair Smyth. They are joined by Lynda Kennedy and Grace Yip on piano, Gary McCumber, clarinet and Ralph Aldrich, viola.

The choir will be joined by members of the Metropolitan senior choir on Good Friday, April 10, to perform **Eternal Light: A Requiem** by Howard Goodall.

The concert season concludes with the choir's performance on May 2 at 7:30pm of Rossini's **Petite messe solennelle** directed by Victoria Meredith. Soloists for this performance are Sonja Gustafson, soprano; Francesca Ranalli, mezzo-soprano; John Tessier, tenor and Chad Louwerse, bass; Lynda Kennedy, piano and Paul Merritt, organ.

We hope that with all that is offered, you will be able to join us for some of it, if not all.

The search has begun for a new director of music. The Search Committee was struck following approval of the congregation at the AGM on January 26, 2020. Details about the advertisement and the position description are found on the FSA home page at [fsaunited.com](http://fsaunited.com) in the "Info Depot" section. The deadline for applications is April 24, 2020. †



**MENEAR WORRAD**  
& ASSOCIATES

*Will & Estate Lawyers*

Michael A. Menear LL.B. | Karen E. MacDonald LL.B. | Daniel J. McNamara LL.B.

478 WATERLOO ST, LONDON • 519.672.7370 • [www.menearlaw.com](http://www.menearlaw.com)

**Life's better with an agent**

Call me today.

**Greg Barber, Agent**  
226-773-8864  
[gregorybarber.com](http://gregorybarber.com)

Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.



## MISSION & OUTREACH

Barbara Dalrymple

### Mission & Service Fund

Thank you to those who donated the amount of \$49,826 to the United Church M&S Fund, plus another \$7500 from UCW. Well done FSA.

### Amnesty International

Each month two appeals promoted by Amnesty will be posted on the FSA website and the email blast. You are encouraged to write letters by hand or email. In addition, we will place paper copies of appeals and petitions in the Atrium to pick up and refer to as you write your letters at home.

Kindly inform us when you have written a letter by contacting Janice Elliott at [janiceelliott04@gmail.com](mailto:janiceelliott04@gmail.com) or 519-859-7183, in order to keep track of letters written by our congregation and celebrate our successes! Please support Amnesty in this new way.

### Grow-a-Row

April will be the beginning of the campaign to support the Canadian Foodgrains Bank (CFGB). Last year, because of our donations, people whose lives have been disrupted by conflict in Sudan and Yemen received emergency food. Families in Bangladesh, Somalia and Haiti benefited from programmes to improve nutrition for children and nursing mothers. Farmers in India, Kenya and Nicaragua were able to learn new ways to grow more food for their families.

When Canadian farmers face a trying season like last year, so too does the CFGB because growing project revenue is reduced. With the number of hungry people in the world rising because of conflict, changing weather patterns and economic disruptions, the need for our help has become even more important.

### White Squirrel Golf Tournament

Bring your golfing friends to enjoy a day at Ironwood or just come for dinner and a nature walk on June 6. We always need assistance in procuring silent auction items and hole sponsors, the profits of which will support St. Paul's Social Services and ELUCO. Contact Allyson Watson. †



## SUMMARY OF 2019 ELUCO ANNUAL REPORT

Janice Elliot (ELUCO Board Member)

In Archbishop Oscar Romero's prayer: *A Step Along the Way*, he says "This is what we are about. We plant the seeds that one day will grow. We water seeds already planted, knowing that they hold future promise. We lay foundations that will need further development. We provide yeast that produces far beyond our capabilities. We cannot do everything, but there is a sense of liberation in realizing that. This enables us to do something and to do it very well."

This prayer encapsulates the work of ELUCO. After 36 years the work is not complete but there have been milestones along the way. Hopefully it will not take that long to right the injustices faced by our brothers and sisters in the Marconi community and elsewhere in London and Canada. As we begin a new decade we can hope that the seeds we have planted within community will grow and prosper. In the last few years the ELUCO Memorial trust fund has provided monetary support to three young people who will be graduating from post-secondary institutions this spring as a Child and Youth Worker, a Travel and Tourism Consultant, and a Computer Games Designer. They are looking to find employment in their areas of expertise and for ways to give back to their community. ELUCO's programmes and camping opportunities

help to build the life skills necessary for young people such as these to pursue their dreams. This past summer Nancy (our community worker) sent children to Camp Kee-Mo-Kee, to Stevenson Camp, and to Social Skills Camp. One of the Social Skills junior leaders was from Marconi and one of our young people was a counsellor at Kee-Mo-Kee.

ELUCO provides programmes at the unit in the Marconi community as well as outreach programmes such as the Food Cupboard and Welcome Wednesday.

ELUCO could not continue without the ongoing support of our member churches and their followers, the UCWs, organisations and many individuals who bless us with their money, time or goods. Romero's prayer says ... "(our work) may be incomplete but it is a beginning, a step along the way, an opportunity for the Lord's grace to enter and do the rest."

To read the complete 2019 Annual Report, go to [www.eluco.ca](http://www.eluco.ca). †

*Reconnect with life ...  
imagine the possibilities.*



[www.bentleyhearing.com](http://www.bentleyhearing.com)

For all your hearing needs:

1807 Wonderland Rd. N. Suite 102, London N6G 5C2	460 Springbank Dr. Suite 108, London N6J 0A8
<b>519.473.5850</b>	<b>519.936.5850</b>

Free Patient Parking at both locations






## ENVIRONMENTAL STEWARDSHIP COALITION (NOW CLIMATE ACTION LONDON)

Mary Ann Hodge

The Environment umbrella includes diverse issues, from protecting biodiversity and wildlife habitat to plastics and waste reduction. We decided that addressing the climate emergency is the slice of the environment pie that we will focus on. As a member of the London Environment Network, we are the only group in the network with a core mandate to work on the reduction of greenhouse gas emissions. As we prepare to engage the general public, our name seemed too broad. Looking for something that would pop up in a Google search, or a name that other communities have used, we have adopted the new name: Climate Action London. You can find us on Facebook under this name, and soon we will be launching our website at [www.climateactionlondon.ca](http://www.climateactionlondon.ca).

## The Power of One

Sometimes it feels like the task is too big, that we cannot make a difference. What can one country do that has 1.6% of the world's emissions, let alone one person out of that 1.6%? Reducing emissions is within our power. It can be daunting as you look at the mountain ahead of us, but as with all big, important jobs, once you start and break it down to small tasks, then it seems more easily done.

## Finding Joy

Nobody needs another chore to do. Hanging onto an empty Tim Horton's cup until you reach a recycling bin or bringing a refillable water bottle instead of a disposable plastic one, can seem like a chore. Viktor Frankl encourages us to "choose one's attitude in any given set of circumstances."

- Changing our language from "I have to recycle" to "I get to recycle."
- Thinking not about the potential disruptions that could be caused by climate inaction, but focusing on the joy of being part of the movement for change.

We invite everyone to join us in this work. It could be as simple as signing up for the weekly environment message, or as involved as leading a committee. Please join us on the third Monday of every month in the Fireside Room. †



## UNITED CHURCH WOMEN

Nancy Quinn

## Retrospective

Tuesday, December 10<sup>th</sup> we held our annual UCW Christmas Meeting. Many thanks to organizers, Helen Guthrie and Donna Fraleigh. Our FSA pilgrims, Linda Badke and Ann MacPhail, gave a very interesting and entertaining Power-Point presentation: *Reflections on the El Camino*. A delicious lunch was enjoyed by all.

On Wednesday, February 19<sup>th</sup> Pamela Coray, Development Manager for Anova, gave a presentation. Anova is the new name for the merged Women's Community House and The Sexual Assault Centre, London. Services offered, for a new beginning, include: "shelter, support, counselling, and resources for abused women, their children, and all oppressed individuals." Website: [www.anovafuture.org](http://www.anovafuture.org). 24 hour crisis and support line 519-642-3000.

Our annual Phantom Tea: Thank you to everyone who contributed to our important annual fundraiser. A special thank-you to long-time UCW poet-in-residence, Millie Bates, who always manages to delight us with her Phantom Tea invitation, reminding us to help those in need. We appreciate our hard-working UCW Treasurer, Donna Fraleigh, for her assistance with organizing.

## Upcoming:

**March 6<sup>th</sup>** at 11:00 am: please join us in the FSA Sanctuary for World Day of Prayer. This year the First-St. Andrew's UCW are hosting this important annual event, involving our downtown group of churches. There will be a lovely lunch afterwards, featuring Zimbabwean food.

**Saturday, April 25<sup>th</sup>**: save the date for our annual, not to be missed, Rummage Sale, with Jan and Jim Hendry as coordinators. Please leave rummage items on the Proudfoot Hall Stage, downstairs, starting April 1<sup>st</sup>. Thank you, in advance, to all our generous donors, our wonderful volunteers, and to those fortunate shoppers who will find treasures, at London's greatest Treasure Hunt destination!

**Saturday, May 9<sup>th</sup>**, 10:00am-2:00pm, at Siloam United Church: everyone is welcome to the Social Justice Committee of the Antler River Watershed Region Fair. Featuring booths with information and a speaker, Carrey Wagner, this will be a very important and exciting event. Our FSA UCW members plan to attend.

**Tuesday, June 9<sup>th</sup>**: please join us for a Picnic Lunch on the FSA Lawn. Stay tuned for details. †

AMICA | SENIOR LIFESTYLES

---

MOLLY MATHERS | REBECCA SIM  
m.mathers@amica.ca | r.sim@amica.ca

Community Relations Directors  
519-657-7096

517 FANSHAWE PARK RD W · LONDON · ON · N6G 0C1

## MILESTONES

### NEW MEMBERS

Donna Thompson, Jan. 19  
Shaw Atherton, Feb. 16  
Abbie Cull, Feb. 16  
Kerik Koustrup, Feb. 16  
Erik Moeller, Feb. 16  
Andrew Richardson, Feb. 16  
Sarah Richardson, Feb. 16  
Harrison Silcox, Feb. 16

### WEDDINGS

Martha Morrison &  
Remi Van De Slyke, Dec. 21

### BAPTISMS

Eric Moeller, Feb. 16

### DEATHS

Terry Head, Nov. 18  
Margrie Gunton, Nov. 20  
Marian Henderson, Dec. 13  
John Boyd, Dec. 19  
Nancy Reynard, Dec. 19  
Robert Vosper, Dec. 24  
Russel Monteith, Jan. 19  
John Bell, Jan. 19

## FSA BULLETIN BOARD

### **Friends of Music Fund: Annual Appeal**

First-St. Andrew's is known throughout the London area and beyond for its outstanding music program. This important commitment to musical outreach through year-round concerts is supported, in part, by the generous donations of people like you to **Friends of Music**. Donations can be made:

- to honour a birthday or anniversary
- as a memorial
- to help support our programs

All donors receive a tax receipt and are recognized in the **Friends of Music** list on the FSA web site at <http://www.fsaunited.com/music-concerts.html>

Donations can be made online through the FSA Donations page and choosing Friends of Music for your **Gift reason**. You can also donate by cheque payable to "First-St. Andrew's United Church" with memo: **Friends of Music**. Donations by cheque should be mailed to First-St. Andrew's United Church, 350 Queens Avenue, London, ON, N6B 1X6.  
(from Music Committee)

**The Wearable Art Show and Sale 2020** is an FSA fundraiser sponsored by the Arts Committee. A donation will also be made to My Sister's Place.

- This show features original, unique pieces that can be worn, including garments, purses, hats, scarves, jewelry and more.
- Dates and Times: Friday, March 13, 5-9pm, opening

reception from 7-9pm; Saturday, March 14, 10am-4pm; Sunday, March 15, 12noon-3pm. Details at <http://www.wearableartsale.com>

(from Arts Committee, a subcommittee of the Planning Committee)

### **Arts after 5**

Well-known London artist **Kevin Bice** will be the guest speaker on Tuesday, March 3. Arts after 5 takes place in the Parlour from 5:00-6:30pm. Please join us for a fun and informative gathering.

(from Arts Committee)

### **White Squirrel Golf Tournament**

- Sunday April 26: Kick-off after church with pizza lunch and cake
- Saturday June 6: Tournament and dinner at Ironwood Golf Course

(from Mission & Outreach Committee)

### **Social Justice Fair**

Saturday May 9, 9:30 – 3:30 at Siloam United Church. Free will lunch. Speakers on Right Relations, Climate Justice, Welcoming Refugees, Anti-Poverty, Affirming Peace in Palestine-Israel

(from Mission & Outreach Committee)

## CHURCH STAFF

### **Minister, Worship & Congregational Life**

The Rev. Michelle Down (Ext. 1)

### **Minister Emeritus & Minister of Visitation**

The Rev. Dr. David McKane

### **Designated Pastoral Care Volunteer**

Jo Ann Silcox

### **Interim Choir Director**

Victoria Meredith

### **Church Administrator**

Heather Vouvaldis (Ext. 5)

### **Youth & Young Family Coordinator**

Jane Dockrill (Ext. 4)

### **Administrative Assistant**

Kathryn Skelly (Ext. 0)

### **Facility & Maintenance Coordinator**

Tim Miedema (Ext. 6)

### **Part-Time Custodian**

George Jolink

### **Nursery Care**

Riley Langley

### **Organist Emeritus**

Paul Merritt