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THE UNITED CHURCH:



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EDITOR'S MESSAGE



David Wardlaw

hat a privilege it has been. Something I never imagined in my life journey. Seven years, 29 issues as editor of a quarterly magazine with a 35-year track record as a publication that goes beyond a church newsletter. Such an amazing experience, one that was impossible to imagine when Margaret and I first arrived at FSA

was impossible to imagine when Margaret and I first arrived at FSA in 2006. When we returned from five years in Newfoundland in 2016, I gladly resumed reading it and developed an increased appreciation spawned by five years without it.

Then, in 2018 Pat McGregor announced her retirement as editor and a call was issued. I thought carefully about this opportunity. After consulting my spouse, Pat McGregor, and a few others, I put my name forward.

Was it right for me? I felt comfortable with the role after many years writing and editing articles, reports, and preparing planning documents in my career as an academic. More significantly, I felt a calling. I saw *Tidings* as part of the community building that binds a congregation. I also saw editing *Tidings* as an opportunity to bind me closer to the FSA community of faith, thinking that this would be accomplished by brainstorming article topics with the *Tidings* Team, seeking background info, finding authors for articles, and learning in depth about FSA and its people by reading every single word in every issue. This notion turned out be accurate and is one of the great gifts that *Tidings* has given me. So, yes, it was right for me. Was it right for *Tidings*? I cannot answer this objectively. All I can say here is that this is a question for others.

Over the 35 years of its existence *Tidings* has thrived due to a vast number of volunteers to whom we are all deeply indebted. They are far too numerous to list individually, so I will acknowledge and thank volunteers, past and present, in groups:

- Tidings Team Members: The multi-faceted support you have provided to the editor is invaluable.
- Proofreaders: Your attention to detail and clarity enhanced the quality of *Tidings*.
- Regular contributing writers: Your high-quality writing and steadfastness are foundational and were a blessing.
- Guest contributors: Thanks for so readily agreeing to contribute and broadening the scope of *Tidings*.
- Photographers: You have provided a panorama of photographs of people, events, and activities, a distinguishing feature of *Tidings*.
- Editors, Graphic Designers, and *Tidings* Committee Chairs: On p. 5, all who have served in these primary roles are listed, from 1992 to the present.
- Special note to Jim Silcox: We are deeply grateful for your outstanding service as graphic designer for 16 years. Your layouts are consistently creative and aesthetically attractive.

Tidings also thanks Sterling Marking Products (Bob Schram) for high quality printing at a discounted rate since 2009.

MINISTER'S MESSAGE



Rev. Dr. Joshua Lawrence

y first article for Tidings was written in a hotel room in Arkansas. Having been called to serve as Minister of Worship and Congregational Life, my family and I packed up and prayed a lot before making the long haul up north from Texas. Just prior to our move, I had been contacted by David Wardlaw, in his role as lead for the church's quarterly periodical. I was reminded of the deadline upon my departure, and I figured I didn't want my first assignment to be completed in a tardy manner. So, I sat down once the boys and dogs had fallen asleep and began to write. That bit of composition was full of grandiose hopes and excitement, with special attention given to my diction since I wanted to make the best first impression I could. Well, here we are, nearly five years later, and I am writing what will be my last article for Tidings. Not because my tenure is up, but rather, the magazine has run its course. As all periodicals do. So here are some of my reflections on the closure of this publication as well as our transition over the past few years.

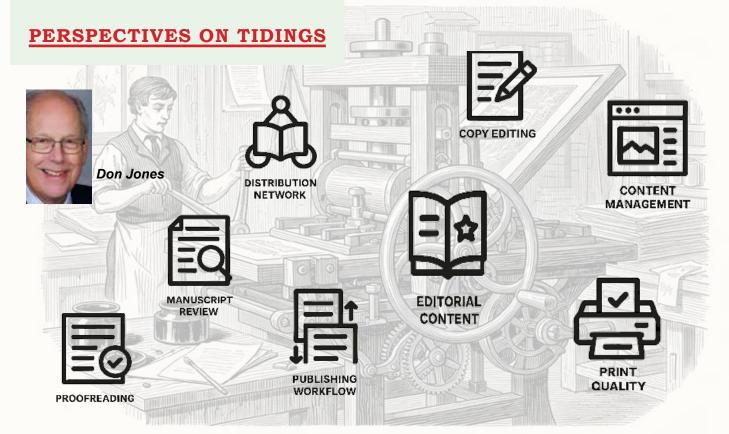
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"...without the constant support of First-St. Andrew's United Church, my family and I could not have made it to this point."

Let me say at the outset that without the constant support of First-St. Andrew's United Church, my family and I could not have even made it to this point. The warmth and consistency are reminders that we discerned well. I have never served a community that was as good a fit for my theology, my passion for justice, and my general approach to being a minister. As all of you know by now, I am academically inclined, informally dressed, and always grateful.

In previous ecclesiological settings, I have been policed for my thinking and my dress. The multi-racial family of which I am a member has been disparaged or at the very least they have been viewed suspiciously. The freedom to be fully who we are, how we are, where we are, is a gift beyond measure. As the Apostle writes in so many of the letters that constitute the largest part of the Christian Testament, I daily give thanks to God for your faith and matchless generosity.

I pray that First-St. Andrew's continues to be that kind of space, that kind of community, that kind of practice, where all are welcomed and encouraged to be fully and faithfully who they were created to be. Though this edition of *Tidings* marks an end of one chapter, I am quite confident that we will build together another vehicle to share the work, the joy, and the commitment that go into being the place of possibility that we have been for so many, for so long.



I have always been proud that I had : something to do with the development of the First-St. Andrew's quarterly news publication called *Tidings*. Technology was developing quickly in the 1990s and I was very keen on learning what I could about it. Technology was clearly taking an important place in the world of communication. I had been working with an Adobe program called Photoshop because it made sense for an amateur photographer like me to know how to enhance photos that needed a little help. Adobe had another program at the time called PageMaker and, as my wife Dorothy needed publications for her school, I took on the challenge of learning that program.

When the Gestetner machine was the main source of publications in the church, it was possible to print many copies of *Tidings*, but it was restricted to black and white printing. With the advent of Adobe *PageMaker*, it was possible to print in colour but of course one needed a colour printer, and they were expensive and not as widely used as they are today.

I facilitated a class in the Chapel on Wednesday mornings at the request of Minister Susan Shelstad that helped, mostly seniors, understand the new computer technology. Members of the church thought of me as an expert, although I was just a few months ahead of the curve when it came to computers. I had, however, mastered some skill in PageMaker and when challenged with the task of doing the graphic design for Tidings I was "all in." PageMaker later was discontinued, and in its place, a program called InDesign proved much more versatile and useful than the suite of programs that Adobe was presenting at the time.

Tidings was first published in Advent 1991 under the auspices of the Tidings Newsletter Committee. Bob Slater chaired this committee from 1991 until late 2000. When I became the graphic designer/layout artist for Tidings in 1995, Bob used to take a Saturday morning before each edition and sit with me in my basement computer room and together we would plan how Tidings would look. All the articles were sent to me, and I was able to place them appropriately into the PageMaker (later InDesign) program.

When Dorothy and I purchased our Florida condo, it was time to start doing it long distance for a couple of the editions per year. Ted Kostecki as a staff member decided he could manage to prepare the

magazine graphically and he did this for a few years but asked me to do it again when his workload became too heavy to continue.

There were two or three very big jumps in the quality of the publication over the years. The first was when it went from typewriter to computer, and then when it was first published with colour photos. The biggest jump in quality came at the point when *Tidings* began to be printed by Sterling Marking Products (in 2009), generously facilitated by FSA member, Bob Schram.

There have been many graphic designers over the years, but I was pleased to pass on the task to Jim Silcox who made himself very familiar with the whole suite of Adobe products and has been the graphic designer since 2009. His dedication and that of so many others to Tidings publications have made First-St. Andrew's United Church much more informed than it would be otherwise. The many writers, editors, photographers, graphic designers and others who have made this quarterly magazine publication the first-class document that it is, are to be congratulated and thanked. †

LIST OF PAST EDITORS, GRAPHIC DESIGNERS, AND COMMITTEE CHAIRS FOR TIDINGS 1992 - PRESENT



Tidings was founded and first published in December 1991 (Vol. 1, No. 1) under auspices of the Newsletter Committee. The identification of specific publishing roles first appeared in the first issue of 1992 (Vol. 2, No. 1) on page 2 where it has appeared ever since.

Graphic Designers/Layout Artists, 1992 - present

Leah Morise, 1992
David de Weerdt, 1992 – 1993
Bill Minion, 1993 – 1994
Gary Mount, 1994 – 1995
Michael Cornelissen, 1995 – 1997
Don Jones, 1995 – 2000, 2008 – 2009
Ted Kostecki, 2001 – 2007
Jim Silcox, 2009 – 2025

Chairs of *Tidings*/Newsletter Committee, 1992 – 2011*

Mary Taylor, 1992 Bob Slater, 1992 – 2000 Elaine Wilton, 2001 – 2002 Margaret Wonfor, 2002 – 2003 Bill Watson, 2003 – 2005 David Flynn, 2005 – 2011

*The position of Committee Chair was discontinued, or ceased to be listed, beginning in 2012.

Editors, 1992 – present

Janis Hillman, 1992 – 1994 Elaine Wilton, 1995 – 2002 Bill Watson, 2002 – 2005 David Flynn, 2005 – 2011 Pat McGregor, 2012 – 2018 David Wardlaw, 2018 – 2025

All issues of Tidings, 1991 - 2025, are electronically archived on the FSA website at www.fsaunited.com/archive-tidings

LETTERS TO EDITOR

Nov. 13, 2025

It has been a pleasure to have been part of the *Tidings* team for the last 16 years. The editors during that time were David Flynn, Pat McGregor and you, all of whom published an excellent newsletter highlighting church activities, introducing us to members of the FSA family and providing interesting reading material. Well done!

Barbara Dalrymple

Nov. 2, 2025

I would like to take this opportunity to say how much I have enjoyed contributing to, and reading, *Tidings*. You and the Tidings team (and your predecessors) have done a stellar job of producing a first-class newsletter - one that is both interesting to look at as well as read. I always learn something new about someone or something that is going on at FSA. I quite understand that you and Jim Silcox need a break from doing this - at the same time I hope something like Tidings - perhaps in another form or format will emerge - as it serves an important communications role in our community of faith.

Well done everyone at Tidings!

Steve Elson

Nov. 15, 2025

What an amazing 35 years of *Tidings* brought to us by the tireless members of the editorial team including the editor, graphic designer, photographers and proofreaders. We at First-St. Andrew's have been the recipients of a quarterly news magazine that has been bringing articles of interest, introductions, remembrances of members, tributes and other great pieces of information and enjoyable reading. I would like to make special mention of Jim Silcox and thank him for the beautiful issues that he has designed for many years.

Congratulations to the whole volunteer team on an impressive "labour of love" greatly appreciated by your readership. While we will miss receiving our quarterly issues, we also know that good things come to an end but, hopefully, something new emerges.

Merran Neville

Editor's note: These letters were received in response to call for remembrances and reminiscences of Tidings issued in the leadup to the final issue of Tidings, at least in its current format.

JANE GLAVES: CREATING OPPORTUNITIES FOR A BETTER WORLD



Nancy Quinn

ane Glaves felt an early calling to teach young children. She graduated from Normal School (teacher's training) in Manitoba and then taught grades one to eight for two exciting years in a one room country schoolhouse. After chopping the next day's firewood, Jane would sleep in the "teacherage," an old icehouse insulated with TinSel (compressed cardboard). One winter morning she woke up and couldn't crack her frozen breakfast egg. Her daughter Katie calls it Jane's Little House on the Prairie experience.

Jane then moved to Ontario, and married Gordon Glaves, owner of Beckett-Glaves Funeral Home in Brantford. In addition to raising five children, Meg and Beth (twins), Tod and Jeff (twins) and Katie, Jane and Gordon took in over 400 foster children over thirty-five years. She "loved doing it" and keeps in touch with many of them. While at Brantford's St. Andrew's United Church, Jane became very involved in the United Church Women, (UCW), eventually serving in leadership roles. She became Hamilton UCW Presbytery President and, in the 1980s, National UCW President.

In the 2000s, retired and wanting to make a difference, Jane visited Malawi, Africa, to see the graduation of a sponsored boy at a rural orphanage, Home for Hope. She subsequently stayed for



several months and had a house built where she taught the primary children. Jane says that, without that Manitoba frontier schoolhouse experience, she could never have done the challenging orphanage work in rural Malawi. In the 2000s, Malawi had 13 million people of whom 1 million had been orphaned, often by AIDS. Once asked, "Don't you wear rubber gloves with these children, as some of them may have AIDS?" Jane responded, "Absolutely not, all these children need is love."

Jane began a decade long pattern, whereby she spent three months a year in Malawi and then returned to Brantford, where she fundraised and recruited dozens of short-term orphanage volunteers. In 2003, Jane pioneered adoption of the orphanage children in Canada. It took three years and a tremendous effort to finance a legal team. Two boys and a girl were personally brought over by Jane to two

families, one in Brantford and one in London. The media gave significant coverage to the orphanage and the three Canadian adoptions. This media exposure led the singer Madonna to subsequently adopt a one-year-old boy from Malawi. Meanwhile, Jane's little orphanage schoolhouse, The Jane Glaves Primary School (Kindergarten to Grade Four), has grown to serve over five hundred pupils with fifteen certified teachers. Other school buildings handle the higher elementary grades, a Special Needs program, and a high school with a well developed trades program.

Twenty years ago, Jane joined FSA, her daughter Katie's church, because she was impressed by our ongoing commitment to social justice. She shares her hobby of making beautiful handmade cards through the annual FSA Eclectic Christmas Market (formerly the Bazaar). Jane served for many years as our UCW's Correspondence Secretary, and she sent many of her cards to those of us dealing with illness or bereavement.

In October, Jane moved to Paris, Ontario. She welcomes all of her FSA friends to reach out, if they wish, with a call at 519-476-7655, or a card to Telfer Place, Apt. 2024, 245 Grand River St N, Paris, ON, N3L 3V8. Jane's hands and heart continue to be busy, committed as she is to her core Christian value of "helping others."

Jo Ann Silcox Called to Follow Jesus' Social Gospel



Nancy Quinn

r. Jo Ann Silcox (or Jo, as she prefers) has served our FSA Church community for over half a century in a wide range of roles. She contributed by leading spiritual practices such as Labyrinth Walks, Sunday morning Bible Study, and the current (emailed) daily reflection called Pastoral Letters. On the practical side, she organized the long-lived Care for the Caregiver, cochaired the Worship Committee for most of the last decade, and contributed as FSA's Roll Clerk. She has also served FSA as Chair of Council for two terms in the early 2000s.

Raised a "staunch Presbyterian," Jo married a faithful United Church member, Dr. Jim Silcox, whom she met at Western's Medical School. "We compromised by attending the Presbyterian Church," Jo says, "for the first part of our marriage, and then moved to the United Church, as our children became more invested in the evolving social action of the UCC." Though a trailblazer as a woman entering medicine at the beginning of the latter part of the twentieth century, Jo does not consider herself a feminist "in the strict sense of the word," but rather "a humanist." She chose the speciality of psychiatry, "because of a variety



of early life contacts, including living next door to the Hamilton Psychiatric Hospital, and listening to a number of my parents' friends struggle with mental illness."

Jo attained her M. Theological Studies and M. Divinity in her last ten years of clinical practice, as she moved from institutional to private practice and could juggle hours more easily. Biblical languages, exegesis (the study of scripture), and church history were her favourite subjects. These interests followed her into teaching part-time at Huron College. In her interactions with students, she enjoyed "honest questions, which are always the best." At our worship services, Jo enjoys seeing our growing youth involvement, as "youth are the life-blood of the Church."

As a Christian, Jo believes strongly in putting one's faith into committed social action. She sees herself as "an

emulator of the Gospel story, where action vs. rhetoric seems to have been the cornerstone of Jesus' earthly ministry." Homelessness in London has been a social justice issue, which Jo has taken to heart. During the COVID Pandemic, she helped lead FSA to open its doors to Ark Aid Street Mission, who used Proudfoot Hall, its kitchen and the downstairs washrooms, in order to give homeless Londoners a safe place to sleep at night during the cold winters.

A self-defined, "introvert," Jo enjoys reading, cooking, gardening, and needlework. Her delicious strada was a mainstay fixture for many years at our Lenten "Big Circle" congregational breakfast. Jo and Jim have three children, Pam (late James), Tim (Allison), and Chris. They have always considered family time important, and though their children are busy with their lives and raising their own families, "we are in touch by e-mail or in person most days."

In the Bible, the prophet, Micah exhorts his listeners, "what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God" (Micah 6:8). Your FSA community expresses gratitude for your living example of discipleship Jo, and for all that you continue to do at FSA.

The Okiemute Family



Ann MacPhail





(Annhuly), and their Nigeria. three children: Oghen-London, Ontario, from Nigeria.

in a society that values education, business, with Ann as Manager. equality, and family well-being." Their ahead.

and Mathematics from Delta State: the Catholic Church. University, Nigeria. Marvel Okiemute earned a Higher National Diploma in stayed briefly with Gillian Channer, a "For I was a stranger and you invited Computer Science from Auchi Poly- member of First St. Andrew's United me in." The Okiemute family is truly a technic and a Postgraduate Diploma Church (FSA). When Gillian asked blessing to First-St. Andrew's United in Education from the National Teach- if they had found a church and Ann Church and to the London community. ers' Institute, Kaduna. He is currently answered "No," she invited them to

n April 28, 2024, Okie-: pursuing a master's degree in informa-: FSA. Their first Sunday was filled with mute Marvel, his wife ition and communication technology warmth and kindness "The love and Okiemute Chinonso at Iconic Open University, Sokoto, welcome we received made us realize

evoke (7 years, Grade 2), Eseoghene: When Marvel visited his brother at Del-: considered FSA not just a church but (5 years, Senior Kindergarten), and ta State University Abraka, it was love a family. The Okiemute family wishes Chinonso Efemena (3 years) took a at first sight. They married in 2016 at to use this medium to say a heartfelt remarkable leap of faith and arrived in St. Augustine Catholic Church, Ibusa, Thank You to FSA for the love, support, Delta State, and have shared sixteen; and sense of belonging that continue When asked, "Why Canada?", they years of friendship and partnership. to surround them. responded, "The best thing about Before coming to Canada, they lived coming to Canada as a family is the in Benin City, Edo State, where Marvel School and Treblemakers regularly. combination of safety, opportunity, and worked as an IT Administrator with Marvel works part-time maintaining belonging. You're not just immigrating: Access Bank PLC while co-managing: the church while continuing his Inforto a country, you're building a future: Oskobi Farm Enterprise, their family: mation Technology studies. Ann, who

optimism and faith-filled outlook are their lives. Marvel attended Christ lege, Toronto, joyfully helps by washing inspiring, and it is clear that the Okie- Embassy Church from his student days dishes after Treblemakers. mute family will continue to contribute; and served as a Campus Pastor at greatly to our community in the years: Delta State Polytechnic, Otefe-Ogha-: mute family faces challenges: leavra, for two years. Ann was a devout ing family behind; adapting to a new Ann Okiemute holds a Bachelor of Roman Catholic before their marriage, culture; and navigating the path to Science degree in Computer Science and their wedding was celebrated in permanent residency. Yet their faith

that this is where God destined us to Their love story began in 2010. be," they shared. Since then, they have

Their children attend Sunday has completed her Personal Support Faith has always been central to Worker program at Alpha Career Col-

Like many newcomers, the Okieand resilience continue to shine. Let us Upon arriving in London, the family: remember the words of Matthew 25:35:

†

THE AGBOOLA FAMILY







Len Moorhead



he Agboola family have been coming to FSA every Sunday since 2023 accompanied by Leonard Moorhead, whom they call Grandpa. With his fading Northern Irish accent and the four children of Nigerian descent, you may have wondered the origins of this relationship. In spring of 2017, Elizabeth Agboola and her four children, Scott, Given, Walcott and Stephanie visited Metropolitan United Church, the church which sponsored their immigration to Canada. Having fled from Nigeria for their safety in 2016 to the United States, a then very pregnant Elizabeth was fearful for her safety yet again as the political climate in the US began to shift and the threat of deportation became too real. After giving birth to Stephanie, the five Agboola's fled to Montreal where they awaited their travels to London, Ontario.

On a chilly spring morning in 2017, the four children attended the Sunday School at Metropolitan where Leonard's son-in-law Liam worked as the Director of Children's Ministries and his granddaughter Emily volunteered. After the service Emily, who

had attended church that day with Leonard (her Papa (grandfather)) and Elsie (her late Nana), pointed out the family of five walking down the street to catch the bus. Elsie told Emily to catch up with the family and offer them a ride home. Three shy, polite boys dressed in identical clothes and a baby strapped to her mother all climbed into a van that little did they know would make this trip frequently. From that point on, the Abgoola's became like family to the Moorheads, thus the names Grandma and Grandpa were born.

With this growing relationship, Leonard, Elsie and their family began to understand the true determination Elizabeth had to give her children a much better life than the one they fled. With support from family and friends, and generous donations from strangers, Elizabeth and her family were able to build a home for themselves and establish a life in London. Elizabeth began working two jobs as a PSW working her way towards nursing school while the children found a new routine with Grandpa driving them to the Boys and Girls Club every evening. In the summertime, the children love to frequent Grandpa's pool where they all learned how to swim. Now, flashing forward to 2025, Elizabeth continued working two jobs while putting herself through nursing school where she commuted to and from Hamilton every weekday for a year. She is now working as a mental health nurse. The children, still quiet and polite, are now in Grade 11, 10, 9 and 4. Scott, Given, and Walcott have all found a passion in sports, mainly basketball, and Stephanie continues to grow her musical talents and interests with the FSA bells and choir.

As a testament to their upbringing, it is very rare and encouraging to see youth actively and willingly engage in their faith. The family that once came to Canada with nothing more than the clothes on their backs are now well established and thriving as they have been approved for Canadian citizenship and await a very well-deserved ceremony. Elizabeth and her family have also received extreme kindness from many FSA members since they joined the church. The Agboola's are a wonderful example of how hard work, determination, faith, and friendship can help you overcome some of the toughest challenges.



Merran Neville

The Eberhard Wocal

ver the past year, the Eberhard Memorial Music Scholarship Trust Fund has increased in value and, as a very positive result of this, we have been able to offer three vocal scholar positions for the 2025-2026 year.

We believe this is the first time in the life of the scholarships that more than two positions can be funded. We are delighted to welcome Joanna (Zhuolan) Li soprano, Zhonhyi (pronounced Jongyee) Wang, mezzo soprano, and Roland Beach, bass.



Joanna is a first-year Master's student in Voice Performance at Western, studying with Professor Patricia Green. She was born in Beijing, China and her native language is Mandarin. Joanna began singing in a choir at the age of three and this sparked her love for music and singing. In Grade 12, Joanna came to Canada to learn more about Western music and culture. She completed her undergraduate studies at the U. of Toronto, majoring in Music Education, where she studied voice with Jean MacPhail and Professor Darryl Edwards.

Joanna loves performing classical music but also pop and jazz. She is active in the Chinese music community in the Greater Toronto area and has participated in many performances there. She has performed with the U. of Toronto Jazz Band at The Emmet Ray and gave a solo recital at the Heliconian Club during her senior undergraduate year.

In addition to solo performance, Joanna has experi-

ence in choral conducting and vocal pedagogy. She has conducted the Canadian Chinese Choir in Toronto and the Xiao Ping Choir (which has since concluded its activities) and she has worked as a voice teacher at the Yamaha Music School in Toronto. Joanna looks forward to learning and growing through music, exploring the world with it, and sharing her experiences and insights with others who share the same passion for music.



Zhongyi arrived in London from Shanghai at the beginning of September. Her hometown is Xilinhot, a city in the Inner Mongolia Autonomous Region of China known for its vast grasslands. Zhongyi is pursuing a dual Master's degree in Voice Performance through the partnership between Tongji U. in Shanghai and Western U.

Zhongyi began vocal training at the age of eight and formally began her studies in bel canto during high school. She completed a B.Mus. in Voice Performance at Tongji University where she is also studying for a Master of Drama and Film. Zhongyi is studying at Western with Professor Torin Chiles and she is grateful to Professor Patricia Green for recommending her for a vocal scholarship.

During her academic studies, Zhongyi has presented several solo recitals, including her graduation recital for her undergraduate degree and a mid-master's solo recital. She has regularly performed in the Tongji weekly concert series

Scholars for 2025-26

and participated in the prestigious Shanghai Spring International Music Festival. It was a privilege for Zhongyi to take part in a master class led by Dean Southern, Vice President of the Cleveland Institute of Music.

Zhongyi is grateful and honoured to have this vocal scholar position and looks forward to participating in the musical life at FSA and to being exposed to a diverse range of vocal repertoire.



Roland joins us from Madison, Wisconsin and is pursuing a bachelor's degree in Voice. He is studying with Professor Chad Louwerse who recommended him for a vocal scholar position at FSA. At around age 8, Roland began learning music on french horn using an instrument that belonged to his mother. He started singing lessons at age 15 and decided to pursue voice as his primary instrument during his gap year after high school.

Roland was previously a soprano and started testosterone treatment in 2023. He is excited to be in his first year at Western – training his new voice. Roland came as a bass to the choir but can also be seen singing in the tenor section on occasion. His work so far has spanned musical theatre, operetta and crossover-tinged solo performance.

He studied music production and audio recording, receiving certificates from Northeast Wisconsin Technical College where he learned from Grammy nominee Hans Christian. He also spent several years singing in and arranging for the Billboard-charting classical crossover trio REGINA.

Roland's favorite roles so far include Marmee in *Little Women*, Bunthorne in *Patience*, Strephon in Iolanthe, and Joe in the new musical, *Regular Joe*. Passionate about raising the profile of trans people in the performing arts, Roland documented his vocal transformation on his Youtube channel and on his debut album "Corner of the Sky," recorded over his first year on hormones.

It is a pleasure to have Joanna, Zhongyi and Roland in the Senior Choir and to enjoy the contribution that they are making.

The generosity of the Eberhard family allows us to offer the Eberhard Memorial Music Scholarships and for this we are truly grateful. The vocal scholars offer so much to the Senior Choir. We are indebted also to Professor Patricia Green who teaches voice performance in the Don Wright Faculty of Music at Western University and assists us in advertising the positions and finding singers for us.



Our Home and Treaty Land



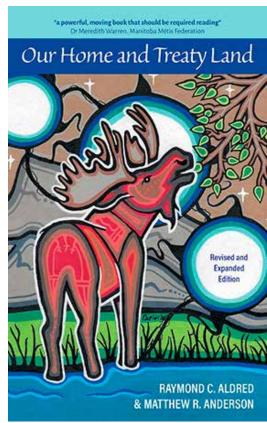
Rev. Dr. Joshua Lawrence

efore I arrived in Canada, I submitted a proposal to a conference at the University of Toronto. The title of my proposal was "Interstitial Witness: An Indigenous Critique of Sovereignty." Sadly, I was unable to present the developing paper due to the large number of preparatory steps involved in moving to Canada. However, since arriving in this area of Turtle Island, I have become painfully aware of the material afterlives of colonialism. By this, I simply mean the ways in which colonialism lives on in the DNA of present-day institutions. From structural impediments to overt racism, the First Nations of this land are consistently dismissed and denied equal standing. Therefore, I felt it was necessary to explore a practice that might very well present a path towards justice and reconciliation.

A group of 10-15 persons has met almost every week since the middle of September to read through and discuss a book, co-authored by Rev. Dr. Raymond Aldred (Anglican priest and Status Cree from Swan River Band, Treaty 8) and Rev. Dr. Matthew Anderson (Lutheran minister born and raised on Treaty 4 territory). Our Home

and Treaty Land: Walking our Creation Story carefully and humbly articulates both the promise and pain of revisiting the treaties that would allow for settlers and their descendants to inhabit this land. Each author acknowledges other perspectives while sharing their own views in this collaborative endeavour. Both argue for the transformative impact of policies that honor the historic treaties, which I now know are "kinmaking ceremonies," designed to bring different peoples into a bond of mutual respect and familial connection. They provide the framework for pimâcihowin, the Cree word best translated as "journeying." For many Indigenous peoples, life is best understood as a journey, an embodied practice of traveling in right relation on this land, land which is understood to be a family member. Connected to this term is another. wâhkôhtowin, best translated as "kinship relationality." In other words, all life is related or interconnected. To journey well is to walk with awareness of this deep, abiding connection.

Though it does not possess enough pages to intimidate on first glance, the book packs a punch because it takes many of us to places we would rather



not be. It forces us to 'read about' and 'take in' historical moments that are utterly horrifying. However, unlike certain documents that don't provide the reader with much in the way of hope, these two authors manage to foster a small but indefatigable promise of new ways of being. In each section, both Dr. Aldred and Dr. Anderson share sober assessments coupled with practices and frames that might move us all towards a world in which there is both truth and reconciliation, along with a greater sense of joy and purpose.

As a community of faith that I trust is earnest in its commitment to building bridges and mending broken relationships, I am hopeful (and insistent!) that FSA will have an important role to play in Settler-Indigenous relationships in this region, one shared by many others who are counting on us to do our part. So let us run with perseverance the race marked out for us (Hebrews 12:1).





THREE BAJIL PE/TO



Now comes the "to taste" artistry part:

- Add in roughly ³/₄ cup (¹/₂ cup to start) of premium, cold pressed olive oil.
- Put in ½ cup to start. Use a spatula to mix the bottom with the top in between grindings. Mix repeatedly with the food processor. Drizzle in more olive oil until you have your desired consistency. I prefer my pesto with a fine sheen of glistening olive oil.

The fun part: perform single tastings as you near the completion point. You will find your own sweet spot for the quantity of oil.

5. Enjoy your pesto with pasta (garnish with pine nuts and grated Romano or Parmesan), as an appetizer on crackers, or with fresh Bocconcini cheese accompanied by cherry tomatoes. The possibilities are endless and you will find your favourites! Also consider growing your own basil in outside containers – a fun May to August project! The pesto can also be frozen in glass containers or freezer bags for year-round enjoyment.

- 1. To a food processor bowl add the following:
- 2 cups of very firmly tamped fresh basil leaves, equally divided between three types of basil: Genoa (sweet), Pesto (mild) and Thai (spicy). You can use other varieties of basil, such as Genovese, or make a one or two variety pesto of your own devising.
- 1/3 cup of pine nuts
- 4 cloves of peeled, finely minced garlic. (you can vary the amount of garlic, according to personal preference.)
- 2. Grind the above ingredients to the desired smoothness. I prefer a fine puree.
- 3. Add two grated cheeses:
- ¾ cup of freshly grated Parmesan.
- ½ cup of grated Romano (consider using goat Romano which will give you a more authentic, creamy, rural bite).

Pulse the food processor to get a good mix.

NOTEWORTHY

Testimonial Submitted to the Editor on Nov. 10, 2025

Two years ago, I spent a winter on the floors of this church, broken, lost, and dishonest with myself and now, as I'm able to reach out to my brothers and sisters who read this, I want to tell you a few things about life and believing in a power greater than yourselves......!

No one ever sets out in life to struggle with a substance abuse problem that makes them do things they don't want to do, like being dishonest to their family and, most importantly, themselves, But If you are able to ask for help and take time to listen to yourself and hear what you are saying, you will find that during the hardest, darkest, loneliest times in your life, that you are not walking alone. Just like the "footprints" in the sand message that my mom lived by late in her life, "during your times of trials and suffering, when you see only one set of footprints, it was then that I carried you."

It's hard to encapsulate my whole midlife awakening in this letter but I'll leave you with this....what a privilege it has been to be able to find my true self through the darkest days and to be able to live through it thanks to first and foremost my two 'higher powers' and the beautiful souls of First-St. Andrew's, Ark Aid, the Men's Mission, the Gallagher Centre, CMHA, and everyone else that I finally had the honesty to reach out to for help.

Thank you and God bless, John Anderson

First-St. Andrew's Celebrated as a Proud Ark Ambassador

At Ark Aid Mission's Holiday Big Give Gala, First-St. Andrew's United Church was honoured as a proud Ark Ambassador for its exceptional leadership in raising awareness and essential funds to support London's most vulnerable. Through meaningful community engagement, volunteerism, direct donations, and events such as the beloved Eclectic Christmas Market, the congregation has amplified Ark Aid's mission—helping provide safe shelter, warm meals, and renewed hope for neighbours experiencing homelessness. Their dedication reflects a living example of compassion in action and a powerful commitment to building a more caring London.

FRIENDS OF MUSIC ANNUAL APPEAL

First-St. Andrew's is known throughout the London area and beyond for its outstanding music program. This important commitment to musical outreach through year-round concerts is supported, in part, by the generous donations of people like you to Friends of Music. Donations can be made to honour a birthday or anniversary, as a memorial, to help support our programs.

All donors receive a tax receipt and are recognized in the Friends of Music list on the FSA website at www.fsaunited.com/donor-page

Donations can be made online through the FSA Donations page, choose "Friends of Music" for your gift reason. You can also donate by cheque, payable to "First-St. Andrew's United Church" memo, "Friends of Music-Donation" and mailed to First-St. Andrew's United Church, 350 Queens Avenue, London ON, N6B 1X6.





WINTER & SPRING MUSIC DATES IN 2026

Feb 14 - Love's Infinite Dimensions

Feb 22 – The Road Home – The Journey to Acceptance Mar 11 - FSA Strings Concert with Kathleen Gahagan,

Mar 28 - Harbinger of Spring Friday Noon Spring Recitals:

- Apr 10 FSA Choral Scholars
- Apr 17 Laurence Williams, organ
- May 1 Laudamus Bells, Richard Frank, director



MARK YOUR CALENDARS

Robbie Burns Supper returns to FSA

Friday February 27 A Scottish meal by

Chef David Grassie (Sticky Pudding Catering) **Invite family & Friends Details to follow late December/early January**

This is a major fundraising event for FSA

MUSIC



Chris Fischer

"More than Music"

Recently, I became aware of the website of the Cleveland Chamber Choir, a professional choral organization in northeastern Ohio. Their slogan is "Cleveland Chamber Choir: More than Music." How I would love to borrow that tagline for First-St. Andrew's United Church! Music is, of course, central to our identity as a community of faith here in London, but what if we looked beyond the notes, so to speak? What if we paid more attention to the many ways in which music can, as Bob Marley used to say, "change the world"?

On Saturday, November 8, FSA presented the Nathaniel Dett Chorale (NDC), performing in London for only (I believe) the second time in their almost 30-year history. The NDC is a professional chamber choir devoted to Afrocentric choral music of all styles; indeed, the choir sang arrangements of traditional Spirituals alongside an excerpt from a classical oratorio and a suite of songs in English and Swahili that fused elements of jazz and blues with African rhythms and more Western-sounding harmonies. But it wasn't the music itself that moved many in the audience: it was, as conductor Brainerd Blyden-Taylor called it, "food for the soul". There was a transcendent message carried by the ensemble's singing that touched hearts and minds, reminding us that we are not alone, that we are surrounded by love, and that the power of the Spirit is never far away.

In the coming months, our Senior Choir and guests will be presenting two challenging works. In February, it is the Canadian premiere of "Here I Am: I Am Here!" by Andrea Clearfield. This is a piece of music that weaves together two parallel stories about our capacity to provide unconditional acceptance of queer and transgender people. We're producing the latter event with input, including a panel discussion, from members of Affirm United; it will be a powerful day of reflection and learning, resilience and hope for the future. In May, we present "Water: An Environmental Oratorio" by Stephanie Martin. This work calls attention to our planet's fragile ecology.

Our world and our city have many needs, and it can feel overwhelming, but we at FSA have the opportunity, here and now, to use our musical gifts to move us – together – toward being the "beloved community" that we are called to be. Let us be led, by music, to be "more than music," and to make a real difference in building a house where all are welcome and all are safe to be who they are.

PASTORAL CARE



Rev. Annie Jannaway

It is always a privilege in pastoral care ministry to provide spiritual, emotional, and practical support to individuals within a faith community. I see many FSA members each month through counselling, guidance, and support during times of crisis, illness, or grief, as well as helping people through daily life with its myriad of challenges. My work also involves spiritual guidance through activities like prayer and practical help like hospital, Long Term Care and Retirement Home visits, and providing resources for those in need.

Everyone experiences a trying situation or is given a difficult journey at some point in life. Whether it be grief, depression, loss, sickness, loneliness, or a major life transition, everyone knows a season of challenge. It is my hope that they do not travel this path alone.

In the past month, I have encountered folks who are sick and homebound; those who feel lost or lonely; the forgotten and marginalized; those who are grieving; people suffering from mental health issues and depression; those who want to strengthen their faith or question their faith; end of life issues; and those who are going through other major life transitions.

I look forward to a continued commitment to walking alongside our church members through all of life's seasons whether in times of joy, sorrow, crisis, or everyday challenges.

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1. (9)2. All TRUE (as well as some other team members whom we may have left out in error).

Answers to the FSA History Quiz (page 20)

FACILITIES REPORT

CHILDREN & YOUTH

Christina Lindsay

This Fall has been busy for the families with children and youth at FSA. So many amazingly positive things are happening it is difficult to pick only a couple to highlight.

One of the bright lights at FSA is having a large confirmation class of 14 youth who are digging deeper into their faith and asking questions. We are using a new (to FSA) curriculum called Confirm Not Conform which focuses on helping young people ask tough questions and search out the answers. Confirm Not Conform lets youth take real responsibility for understanding their faith. Each young person has a mentor from the congregation who has stepped up to listen to questions, share stories, and help the youth discover the true power of Christian community through a relationship of care, concern and love.

Sunday mornings are another time FSA shows love for the children and youth. You may have noticed the children are heading directly to Worship & Wonder at the end of the Opening Hymn. If you were to join us, you would experience communion each week and an engaging (albeit brief) introduction of the week's theme during Big Circle time before we break into smaller groups depending on our ages. The younger children spent the Fall learning about the Seven Grandfather Teachings and are now focusing their time learning the Lord's Prayer. The highschoolers have welcomed a couple of guests on Sunday mornings and have also tried a sample of a new curriculum in which we will invest for 2026. If you are interested in learning more about the exciting things happening on Sunday mornings, you may consider joining us to offer leadership as we always need responsible adults to help the children grow their faith in a safe place.

We are always grateful for everyone who offers their time, patience, and skills for all the programs FSA offers the children and youth throughout each week. We know how difficult it can be to add yet another commitment to already full schedules, but we truly appreciate all the support FSA offers to this ministry.





George Jolink

Boiler Replacement Project and Campaign

We are about to embark on a major, long-awaited, and much needed upgrade to our facility. We are in the beginning stages of a full replacement of our primary heating system (a decades-old steam boiler) which has reached the end of viable and reliable operation. The Avis engineering report (2008) suggested that the boiler would need to be replaced within 5 years. With good management, and proper maintenance we have extended the operation by a decade. It is now time to face the inevitable.

We have begun working with an Engineering Firm (Whitty Stallaert) to develop a replacement plan for primary heating and the addition of cooling capacity to our building. We are focussed and committed to improving temperature control and interior comfort as well as reducing our carbon footprint. As you may expect this will be a very expensive undertaking and will involve major construction/disruption to our facility which is expected to begin in late spring of 2026 and proceed over the summer months. The Steering Committee for this project consists of George Jolink, Terry Peters, Al Salmoni and Connor Campbell with input from David Wardlaw.

This is an exciting and expensive undertaking. It will require congregational support. In addition to Trust Fund support, you can expect to hear about a Capital Campaign in 2026 to assist in raising the necessary funds. FSA has not held a major Capital Campaign since the Access Addition (atrium) in 1994, and the scope of this project will necessitate capital fundraising. We will also explore any grant opportunities that may be applicable. When all is complete, we can expect to have a modern functioning heating system with cooling capabilities. This will result in improved interior comfort throughout our building, reduced operating costs, increased rentability for events, and reduced carbon footprint. Stay tuned for updates as we embark on the most major upgrade to our facility since 1994. †



GOVERNANCE REPORTS





On June 30, 2025 Steve Elson completed his term as Past-Chair of Council and David Wardlaw completed his term as Chair and

moved into the Past-Chair position. The position of Chair of Council has been vacant since July 1, 2025, a somewhat precarious situation for FSA. I am providing this brief report in my role as Past-Chair.

Over the past two years Steve Elson and David Wardlaw have attempted to find a suitable candidate for the Chair position (or suitable candidates for co-Chair positions) to no avail - despite approaching 15 individuals. Steve and I are continuing the search.

In the absence of leadership for Council (i.e., a Chair or co-Chairs), Council is in hiatus. On Nov.18, 2025 the Executive of Council met to deal with some administrative matters which are the responsibility of Council and essential to the running of the church. Given the time of year, this involves planning the annual meeting in January 2026, beginning the process of preparing a 2026 nominations report and preparing a 2026 budget for consideration at the annual meeting. The Executive also came up with a plan to share, on an interim basis, some of the duties and responsibilities that traditionally have fallen to the Chair of Council.

In the absence of a new Chair or co-Chairs of Council, implementation on a trial basis of the 'New Council' model described in detail in the previous issue of *Tidings* (Vol. 35, No. 3) is, unfortunately, in abeyance. However, there is a far more critical and precarious aspect to the Chair vacancy and any associated Council hiatus: the negative impact on long-term planning, on the creation of progressive policies, on overall cohesiveness of church operations, and on FSA's ability to undertake external relations (other churches, United Church of Canada governing bodies, community organizations, etc.).

In spite of these temporary difficulties, FSA continues to be a welcoming, vibrant and active community of faith. Please reach out to either David Wardlaw or Steve Elson if you have questions about governance and/or suggestions on leadership for FSA at this time.



TRUSTEES

Paul Cooper





Capital costs are fixed, one-time expenses incurred on the purchase of land, buildings, construction, and equipment. Each year we use income from our unrestricted investments to repair and refurbish our buildings and to replace our equipment. This year saw expenses related to a new audio-visual system, repointing and repair of our brickwork, and investing in new flooring for Farquhar House.

In a condominium, legislation requires the organization to have an up-to-date reserve-fund study that outlines the projected costs of maintenance and replacement of the common elements over a 30-year time horizon. It ensures that sufficient funds are contributed by owners to fund these repairs and replacements over time. Typically, such a formal process is not done in churches. This means that when churches have major capital expenses-e.g., replacing a roof or a heating system—they must raise the funds to do this work through expenditure of trust funds, special appeals to the congregation, or a combination of the two. In the case of First-St. Andrew's, while we have significant trust funds, only the unrestricted funds are available for capital projects. First-St. Andrew's relies on income from these unrestricted trust funds to support the annual operating budget. To use these funds to support the entire cost of capital projects would require a significant change in our day-to-day operations.

We are about to undertake an assessment of how best to replace our aging heating and ventilation systems, and adding air conditioning at the same time. Such a project is going to be expensive and is going to require considerable thought, planning, and prayerful consideration as to how to best fund this work while we continue to support the very important work of the First-St. Andrew's family here in London.

UNITED CHURCH OF CANADA GENERAL COUNCIL 45, AUGUST 2025



Linda Badke

I attended General Council 45 of the United Church in August, representing our region which is Antler River Watershed (ARW). There

were about a dozen delegates from ARW, both lay and ministry. We also had two delegates to Youth Forum from FSA, Eli Chin-Lawrence and Scott Abdula. Although General Council (GC) took place in person in Calgary for five days in August we had two online meetings in the spring. Those of us from Antler River Watershed also met online for four or five sessions at home to go over the proposals that we would be dealing with. That was a helpful process and something many other regional council representatives had not done.

While attending GC we sat in table groups of about six people for the duration of our time in Calgary. Most table groups included one or two youth as well as a table group

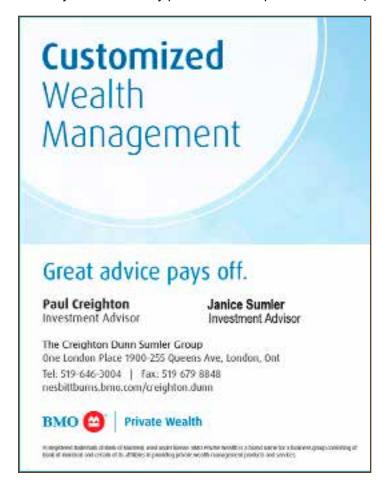
Tidings

facilitator. One of our table group members was a candidate for moderator, another was a First Nations woman from Six Nations near Brantford, a youth from Manitoba, a minister from Halifax and a young adult from Calgary. Our days consisted of worship, table discussions, plenary sessions, discussion of proposals before they went to the floor and a couple of worship services at Knox United. The first service at Knox was an apology to the LGBTQ+ community and the second was the installation of the new moderator, Rev. Dr. Kimberly Heath from Brockville.

The youth who attended Youth Forum had a significant role in General Council. They led us in worship, shared their hopes and dreams for our United Church, and displayed enthusiasm for the future of our church. Many of us were blown away by their love for the church and their concern for its future. We'll be in good hands if we can keep them engaged.

First Nations delegates to General Council played a significant role in the proceedings including a dynamic young woman from the Six Nations Reserve. Eileen Antone from Oneida United Church was an active delegate sharing her concerns and dreams for the role of the Native United Church.

Attending General Council was a wonderful experience for me. It gave me a new appreciation for our national United Church and the role that the Spirit played in the process, especially the selection of the moderator from among a number of very strong candidates. As someone said to me, we have a history of electing the right person for the time. Rev. Dr. Kimberly Heath will likely prove to be that person.



THE ECLECTIC CHRISTMAS MARKET





Above: The Jewell

Above: Quilters area



Above: Servers at the Café Paris



Above: The Deli Table staff



2025

(SINCE OUR LAST ISSUE)

cheques.





ery Table Staff





church community's shower gifts, including generous

Left: LIFE*SPIN representatives with the FSA

Above: UCW attendees with LIFE*SPIN representatives at the October 1st Baby Shower organized by the UCW.



Above: We gather for a congregational dinner on November 9



Above: Pastor Joshua helps the UCW pick crabapples



Left: The Baking Table staff



Above: New Members' Sunday, November 16. Left to Right: Larry Niles, Karin Symonds, Emma Dickson, John Anderson, Bernard Ihekwere, Carol Foley, Finbar Anosike, Glenna Hall (See complete listing of New Members on p. 20)

FSA HISTORY QUIZ



Heather Vouvalidis & the Archives Sub-Committee



A RETROSPECTIVE OF FSA TIDINGS

Tidings is published four times a year. It has provided an excellent information reference for our congregation in an ever-evolving professional publication for years. THANK YOU *Tidings* Team Members, past and present. Here is the Archives Committee tribute to you. (Please excuse our oversight for any names left out).

This issue is designated Volume #35 (No.4), signifying that the 'birth' of the FSA *Tidings* dates back to 1991 (Vol.1, No.1). The first glossy-finish version which included front & back covers in colour was Vol. 19 No.4 – Advent/Christmas 2009/ Epiphany. Colour pages throughout the issues began in 2015.

1.Past & present **Editors** of FSA *Tidings* include:

- a. Janis Hillman
- b. Bill Watson
- c. Elaine Wilton
- d. David Flynn
- e. Pat McGregor
- f. David Wardlawg. All of the above

2. Other Members – Past & Present - of the FSA *Tidings* Team (True or False):

Chairs of *Tidings*/Newsletter Committee: Mary Taylor, Bob Slater, Elaine Wilton, Margaret Wonfor, Bill Watson,

David Flynn

Proofreaders: Anne Cummings, Pat Sole, Pat McGregor, Winnie Wake

Graphic Designers/Layout Artists: Jim Silcox, Don Jones, Leah Morise, David deWeerdt, Gary Mount, Bill Minion, Michael Cornelissen, Ted Kostecki

Photographers: Jim Silcox, David Wake, Willis Buckingham,

Ted Kostecki

Ad Sales: Bob Peel, Ellen McKim Distribution: Nancy Quinn

Regular Contributing Writers: Barb Dalrymple, David McKane, Nancy Quinn, Steve Elson, Nancy Howard, Margaret Wonfor, Ellen McKim, Susan McKane, Anne Cummings, Jean Wright, FSA Staff, & Tidings Committee chairpersons

Printers: Sterling Marking Products since 2009

FSA *Tidings* has been our go-to source to become better acquainted with our new members and our "pillars", to pay tribute to our recently deceased members, to become informed of matters related to church governance, to receive spiritual messages and nuggets of our church heritage, and to view photos galore capturing many aspects of our multigenerational church life. The congregation thanks all of those who have contributed to *Tidings* over 35 years. We appreciate the length and depth of service and the sharing of your talents.

Answers on Page 15

MILESTONES

Baptisms:

William Purkis, Sept. 21 Katrina Simard, Nov. 12

Deaths:

Mary Vernon, Aug. 30 Ronald Wannamaker, Oct. 16

New Members: Nov. 16

John Anderson
Finbar Anosike
Emma Dickson
Carol Foley
Derrick Greeven
Bernard Ikekwere
Larry Niles
Victoria and Aaron Rozentals

Weddings:

Solomon Agbodike & Nkeiruka Madugugbo, Nov. 10 Andrew Ingram & Hanna Froome, Nov. 15.

We close this final edition of Tidngs with the signature "30" which was used in newspapers and telegraphy in the late 19th century to indicate the final transmited page of article copy, and now has come to represent a special signoff when publications are printed for the very last time.

