

# Tidings

First-St. Andrew's United Church



VOLUME 7 ● NUMBER 3

FALL 1997

## INTRODUCING SUSAN SHELSTAD

By Elaine Wilton



Susan Shelstad

If you have been away on holidays the last couple of weeks, you may not have had a chance to meet First-St. Andrew's newest staff member. Susan Shelstad, an ordained minister, joined our church family on July 1 as Minister of Christian Development. Prior to that she was the minister at Lucan United Church.

Raised in Barrie,

Ontario, Susan was involved in United Church activities right from the beginning. She started with Baby Band and moved on to Mission Band, and then to Explorers, CGIT, Junior Choir and Youth Group.

After earning a BA in English at Queen's University, she worked in her home church for a year before returning to Queen's to attend theological college. There she met her husband, Stephen, who was also in theology, and they were married in second year. Their first posting after graduation was a team ministry in Provost, Alberta where their two children, Naomi, now 17, and Sam, 14, were born.

Five years later the family moved back to Ontario when Steve accepted a position with a church in Windsor. Susan decided to remain at home with the children during that period of time.

Their next call was to Lucan, Ontario, for a team ministry, which they shared until 1993 when Stephen, in completing a Doctorate of Ministry, changed careers and became a writer. Susan remained as full-time minister at Lucan United Church for the next four years. She, too, is pursuing a Doctorate of Ministry and hopes to graduate

in 1999, specializing in spiritual guidance. While most of the course work can be done at home, she is required to make monthly trips to Ecumenical Theological Seminary in Detroit, and also to spend three consecutive weeks each year in Detroit. (...continued on next page)

## STEWARDSHIP VISITATION PLANNED

By Murray Woods



Murray Woods

We all can be proud of First-St. Andrew's United Church and the work and worship that abounds, both within its walls and reaching out from them. This new logo shows FSA Making the Difference, graphically illustrated by hands - reaching out, holding firm, folded in prayer or just working together.

This new logo and symbol, Making the Difference, will be the theme for our fall Stewardship Campaign. Our congregation initiates and supports so many excellent programs and services: Out of the Cold, Gone Fishing, Polka Dot Days, Church School for all ages, Music, Grow-a-Row, and more. Each year we need to renew our commitment to them.

Stewardship Sunday is **October 26**, a Sunday of activity to be experienced. You will have the opportunity to be part of "FSA Making the Difference."



### Inside

Info-Line .....	2
Youth on Committees at FSA .....	3
Uprooted Peoples .....	3
Why Support the Daily Bread Food Bank? .....	3
Council Reports to You .....	4
You are invited .....	4
Ensuring the Future of FSA .....	5
A Poem - Traffic .....	5
Changes .....	6
Did You Know? .....	6

## INTRODUCING SUSAN SHELSTAD (continued)

Susan is excited about her new job at FSA and is pleased to be able to have the experience of working in a large church. She regards this as an opportunity to work with the best, and to discover first-hand why FSA is one of the strongest churches in the area. She particularly looks forward to the task of getting the contemporary worship service started.

The Shelstads have bought a home in northwest London, and Naomi and Sam will be attending Banting Secondary School. For Steve, this move will be somewhat of a homecoming, as he was a ministerial candidate from this church. He expects to renew some old acquaintances over the next few months.

In her spare time Susan enjoys reading, dancing, golf and travel. With her family she has visited Spain, Cuba, and her favourite vacation spot, New England.

We welcome Susan to London and wish her much success and happiness at First-St. Andrew's.



*Gone Fishing choir sings in church*

## Tidings

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Submissions are accepted only from members of the First-St. Andrew's Family. The Tidings Team reserves the right to select and edit submissions. Obtain information from Group and Committee Secretaries or members of the Tidings Team. The views expressed in this publication are those of the authors, not necessarily those of First-St. Andrew's Church.

## Info-Line

### COMMUNITY OUTREACH COMMITTEE BBQ: SUNDAY, SEPTEMBER 28

A hot meal deal at \$5! Proceeds to help sponsor a refugee family from Belgrade, Serbia. (immediately following the 11 a.m. service and before the "Sharing New Steps" Workshop).

### UCW PRACTISES RECYCLING:

#### FRIDAY/SATURDAY, OCTOBER 17/18

The Thursday Evening Unit of the UCW is sponsoring a fall rummage sale in the Lower Hall on Friday, October 17 (7-9 pm) and Saturday, October 18 (9-11 am). You can help by finding items in your home which you no longer need and bringing them in ahead so others can buy them. Or you could help the UCW organize and sell items or buy things for your own use.

### ALEX FARQUHAR ANNIVERSARY PREACHER

On Sunday, November 16, First-St. Andrew's will celebrate its 165th Anniversary with guest preacher, the Rev. Alex Farquhar, a minister of FSA from 1964 to 1979. Plan to be a part of this celebration.

### COMPLETE YOUR CHRISTMAS SHOPPING

#### HOLLY BAZAAR - NOVEMBER 14 & 15

Thanks to all those who are contributing hand-made and home-made items, as well as special treasures which have been chosen for the FSA Holly Bazaar. Bring your Christmas list of names on Friday evening or Saturday morning, Nov. 14 and 15, to the Lower Hall where you are sure to find gifts to match each name. Take some time to relax and have treats in the Cafe Noël while you're there.

### OPPORTUNITY FOR RECOGNITION

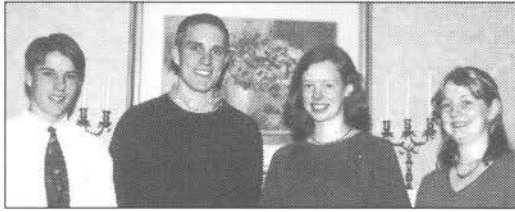
Graduations, marriages, births, deaths, birthdays, anniversaries, appreciations can be celebrated by placing a copy of the new hymn book *Voices United* at FSA. An inscribed bookplate will record the memory. Cost \$25. Church office (679-8182)



*Marion Jackson Tyler and Emily Woods at the Recognition Evening*

## YOUTH ON COMMITTEES AT FSA

By Ann Denny



Mike Cornelissen, Chris Silcox, Ann Denny, Emily Cavers

Committees are the heart of any large organization, the wheels and gears that it depends on for the smooth operation of the whole. The volunteers who make up the many committees at First-St. Andrew's form a vital link in the circle of Christian worship and activity.

Young people are involved in diverse aspects of our church's committee life, including property maintenance, music, worship, and youth group leadership. For Mike Cornelissen, membership on the property committee has been a learning experience: "finding out things about the church that [he] never knew." Mike has been mowing the church lawn and doing general upkeep for several years now, and it was a natural step to become a member of the property committee when Emily Woods asked if he would like to. He is struck by "the immense cost of running the church," and how a lot of the work involves "just keeping the building and grounds from deteriorating." The main project the committee has been working on recently is compiling an inventory of everything the church needs to have fixed, and planning and budgeting so that by the year 2000 they are all completed. On the committee, Mike has contact with members of FSA who know a lot about the history behind the physical structure of FSA, and this interaction is one way to keep the stories and the knowledge of the site known, and to make sure that it is passed on through the generations.

Emily Cavers has been to one meeting of the music committee, and is looking forward to more. She likes the fact that the committee members "respect your opinion, even though you are younger," and commented on the relaxed atmosphere. Mr. Merritt asked her to join when a conflicting music rehearsal meant that Adam Guthrie could not make the Tuesday evening meetings. Emily had not realized how varied the activities of the music committee were, from setting up concerts to handling the food at the recent enormously successful Spring Fling.

As a member of the Youth and Young Adult Committee, Chris Silcox reports on TNT activities, and is involved in planning youth events. When pastoral relations set up a special subcommittee to look for a new Christian Development Director, Frank Meadows asked Chris to be a youth representative in the group. He was also their correspondence secretary, writing letters to candidates, and participating in interviews of potential candidates. When I asked him what he liked most about being on the committee, he commented, "I like to be able to have an effect on what's going on, making kids see that church is fun and a place where they belong." His goal is "trying to make sure that people grow and develop mutual respect for one another, and learn the value of giving your time to something you're a member of, not paid work, but something that benefits you."

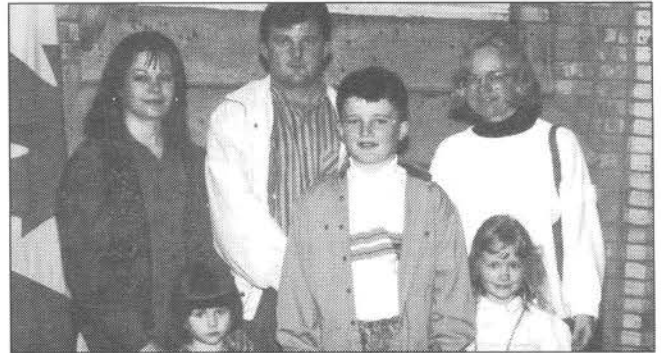
Thanks to these and many other dedicated young people on committees at FSA, our church community can rest assured that we will continue to be the high achieving institution we know and love.

## UPROOTED PEOPLES

By Margaret Wonfor

UPROOTED PEOPLES - about 13.2 million of them worldwide. In 1995, about 100 refugee sponsorships were undertaken by United Church congregations. Locally, the Jozic family from Bosnia was welcomed and supported during their transition to life in London by six north-central London churches. From M & S resources, legal counsel and advocacy services are available to refugees bewildered by immigration laws in an alien tongue.

For the next two years, UPROOTED PEOPLES is the study for United Church congregations. The current MANDATE magazine is a wonderful introduction to this study.



Back: Jelena Jozic, Suetozar Jozic, Marion Johnson,  
Front: Matea Jozic, Mario Jozic, Ellen Denny

## WHY SUPPORT THE DAILY BREAD FOODBANK?

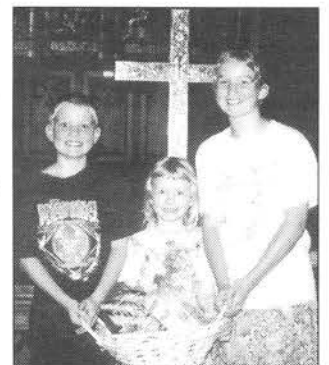
By Marion Johnson

Like many FSA members, I often include in my weekly grocery shopping a few sale items for the foodbank. But rather than dropping them in the bin so conveniently located near the entrance of the store, I make a point of taking them down to the church, where the food will be delivered to the Daily Bread Foodbank at St. Paul's Cathedral.

Why make this extra effort? Daily Bread operates very much like the London Foodbank, with one crucial difference: it does not draw upon the entire population of London for support. It relies solely on church people, a much smaller group. If we do not regularly support it, the cupboard may be bare when the needy come asking for support.

About 200 individuals per week receive assistance from Daily Bread. They are only allowed to come once every 3 months (similar restrictions apply at the London Foodbank.) Sometimes the supply of food runs low, and the amount of help that can be given a family is pathetically small. If we all give regularly, this will not happen.

Each time we shop for groceries, let us give thanks for our own daily bread, and show our thanks by donating to Daily Bread.



Matthew McCurdy, Ellen Denny, and Eileen McCurdy



## COUNCIL REPORTS TO YOU

By Annabelle Logan,  
Chair of Council (471-2518)

As of this writing, summer is just beginning. Children are finished exams and school, cottages and camps beckon, but at the time of reading this article, most of us will be thinking of Labour Day, back to school, welcoming Frank and Joyce back, Sunday morning services at 9:15 and 11:00 a.m., and Church meetings. We are also delighted to welcome the Rev. Susan Shelstad to our midst as the new Minister of Christian Development. Susan's covenanting service will be held Sunday evening, **September 14**.



Annabelle Logan

At the last Council meeting before the summer break, four excellent presentations were made:

- A new sign for the front of the church was approved. A committee of three (Susan Brown, Office Manager; Scott Snelgrove, Chair of Finance; and Ron Logan, Chair of Trustees) was appointed to find the money for this new sign - approximately \$6,000. The Church's messages need to be more visible.
- Doug McGregor worked countless hours updating the Policy & Procedures Manual. This is an ongoing project and Doug took us through the many phases of change.
- The Vision Fund Committee presented a wonderful overview of the plans to ensure the continuity and stability of the congregation and property well into the 21st century.
- The Seminar of London Faith Communities on Poverty and Related Issues, organized by Dr. Bill Watson, is growing and is being supported by various health related agencies. A fund of \$1,000 called the Sower Project, given by Presbytery to each Pastoral Charge in Middlesex Presbytery, was given to this undertaking.

The Fall Stewardship Campaign is highly organized and ready to roll. Many of you will be asked to participate in this very important facet of the life and work of First-St. Andrew's. Please don't hesitate to say YES.

I do hope most of you had a chance to wish Emily and Marion good luck and God speed, as they both retire from their Christian Development positions. Marion will be studying at Emmanuel College, and Emily (lucky for us) will be here at First-St. Andrew's.

June 22 was the farewell Sunday for the Rev. Betty Sangster. She was presented with an embroidered red preaching stole from the congregation. Betty explained the symbols on the stole to the children assembled at the front. If the Rev. Sangster's first sermon at First-St. Andrew's is an indication of what is to come, the folks in Bella Coola, B.C., are extremely fortunate indeed. Our love and best wishes and God speed go with Betty. Madeline Cram, Mary McLarty, Mary Jane McMullen, Fryke Oostenbrug and Carol Shaw were the five dedicated women who created, stitched and sewed the lovely stole

A big thank you to the Rev. Dr. Barry Moore, who has so ably assisted Catherine in Frank's absence.

A new committee is being formed for the ride to church program. Anyone interested in phoning, driving or helping in any way with advice, etc., please call Patti Moldowan (471-0057).

To all committee chairs and committee members and office staff who work so diligently all year, many, many thanks. Enjoy this beautiful God-given country of ours each season and go in God's Grace.

## YOU ARE INVITED!.....

By Gertrude Bergey



Gertrude Bergey

Sunday, **September 21** is the 35th Anniversary of the founding of the United Church Women. Now - don't stop reading! This is an invitation for YOU to share in our celebration, to reminisce, and to support us as we renew our mission.

Rev. Dr. Frank Meadows will be the "GUEST" preacher. There will be a fellowship period, including a cake, directly after the service. Please plan to be a part of

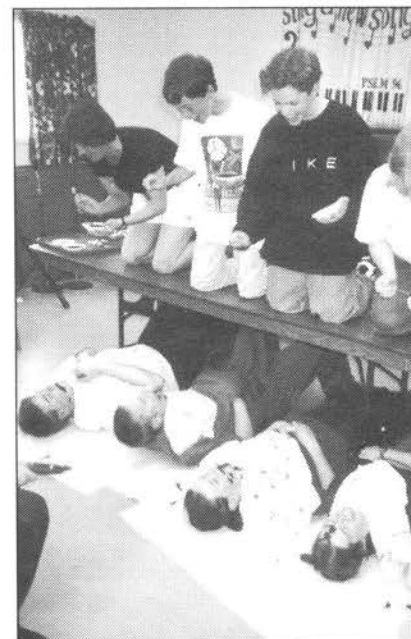
this very special church family event.

Past Presidents will be recognized. Former members, as well as members of the founding societies are being sought. If you have not been contacted, please call the Church Office (679-8182) to have your name added to the list.

If you have worked at the Bazaar or the Rummage Sale, if you have slugged tables, delivered flowers, visited the sick and/or shut-ins, etc., we consider you a UCW Associate. So, do come and help us celebrate.

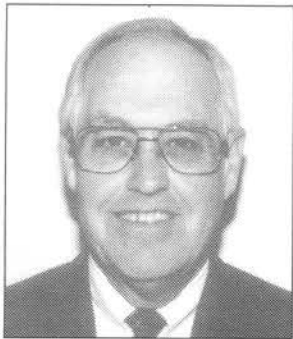
**Sunday - Sept. 21, 1997** - Please mark it on your calendar, and share in our celebration of 35 years of service to First-St. Andrew's!

Teens enjoy (?) the  
Pudding Drop game at  
Pearce Williams on  
June 1, 1997



## ENSURING THE FUTURE OF FSA: CHARITABLE BEQUESTS

By Paul Wilde



Paul Wilde

In the previous edition I talked about gifting through Life Insurance, either on the life of a single donor or jointly on the lives of both spouses. This way of giving provides for the cash proceeds to FSA at death while receiving the non-refundable tax credits while alive.

The tax credit is applied to the current year's income tax return and, if not fully utilized, can be carried back to your previous year's tax return. A bequest also provides a gift at death either in the

form of money or property. One significant difference, however, is that the limit on how much you can claim as a donation on your final tax return increases to 100% of your net income instead of the proposed 75% of net income.

There could be advantages where a large estate is taxed at a high percentage rate, e.g. 50% or more. This can be caused by the fact that a person who dies is deemed to have disposed of everything owned a moment before death.

The benefits to FSA are that bequests tend to be larger than outright gifts, there are relatively few restrictions, and the gift can be used immediately.

The benefits to the donor are that they maintain full control of the gift while alive, there may be a tax credit on the final income tax return and there may be a reduction in capital gain taxation.

I have covered only the various basics of gifting through a bequest and I would caution anyone considering a gift that you contact the proper professionals before your final decision. Your lawyer can assist you with the proper wording for your bequest and also advise you on the best type of bequest. An accountant can advise you on any taxation issues of concern.

I would also caution that your family be aware of your intentions if they have an interest in the estate. This may reduce the possibility of problems occurring during the estate settlement.

*Thank you to Scott Snelgrove, C.A., for his suggestions in preparing this article.*

## TRAFFIC

By Fryke Oostenbrug

Traffic runs along the roads  
Going faster, faster  
Hasty treads along the sidewalk  
Busy people, voices talking!



Fryke Oostenbrug

No time to stop  
No time to rest  
No time to encounter  
No time for life to enjoy  
No time for pausing to see the flowers  
No time for a chat  
No time for a smile  
No time for a book  
No time for a word  
No time for a friend  
No time for a child  
No time for an elderly person  
No time for prayer.

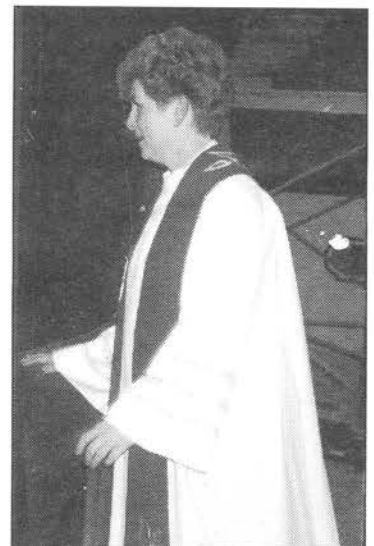
Hasty footsteps, swarming traffic

No time  
No time  
No time.



Kiri Rix on Earth Stewardship Sunday, April 20, 1997

*The Rev. Betty Sangster wearing the embroidered red stole presented on June 22, 1997 by the congregation. The creators of this stole: Madeline Cram, Mary McLarty, Mary Jane McMullen, Fryke Oostenbrug, and Carol Shaw*



Scottish Fiddlers from Children's Talent Education Centre led by Sharon Jones - Supper and Talent Night - April 4, 1997

# Changes...

**First-St. Andrew's United Church:  
a Christian Family encouraging spiritual  
growth through worship, friendship,  
learning and action**

## BAPTISMS

*"I will be with you always, even until the end of the world."*

Aisha Elaine Ahmed	Kent Samuel Hill
Sarah Victoria Burns	Natasha Hope Lee-Diemert
Heather Rosanne Dann	Spencer David Nicholas Long
Sean Linton Edward Davidson	Annaka Janet Norman
Spencer Raye Harrison	

*Next Baptism: September 28, 1997*

## DEATHS

*"Well done good and faithful servant."*

Edith Margaret Smith	May 1
Ivy May Casson	May 10
Robert W. Camm	May 21
Lillian Edwards	May 23
Gladys M. Wilkinson	June 23
Sybil Evelyn Marter	July 11

## NEW MEMBERS

*"We pray for God's power to help you do all the good things that you hope to do and that your faith makes you want to do."*



### Received May 4, 1997 (\*by Confirmation)

*Back: Julie Priest, \*Dan Fraleigh, Jim Sinclair, Anne Cunningham,  
Middle: Linda Radford, Deborah Ferguson, \*Lyn Carapella, Joe  
Carapella, Scott Kirkpatrick  
Front: Nick Bernardo, Laurie Lockington-Wong, Sharon Worth,  
\*Heather Dann, \*Steve Robinson  
Not Pictured: Eva & Gordon Archibald, Jane Hill*

*Next Reception of New Members: November 23, 1997.*

## MARRIAGES

*"Love is always supportive, loyal, helpful and trusting.  
Love never fails!"*

April 25	Linda Marie Brownscombe Hubert Ronald Radford
April 26	Sheryl-Ann Mary Elizabeth Kehoe Neil Kalmadeo Mathura
May 10	Katharine Rebecca Slater Walter Mark Ellison
May 24	Kelly Elizabeth DeVries Miltiadis Kailis
May 31	Karen Louise Roy Christopher Peter Plaskon
May 31	Shelly Anne Fuller James Melville Deacon
June 21	Heather Rosanne Dann Stephen Paul Robinson
June 28	Sarah Jane Waters Adam Robert Plante

## GOODBYE & GODSPEED

*"May kindness and peace be yours from Jesus Christ,  
the faithful witness."*

Betty Sangster	Laurena Woods
Kelly and David Shaw	



### Received by confirmation May 4, 1997 (with sponsors)

*Back: Chris Rogan, Bob Slater, Jim Elliott, Paul Proconier, Jeannette  
Eberhard,  
Middle: Doug Cram, Jonathon Cram, Mark Cornelissen, Stephen MacDonald,  
Michael Lunau, Kevin Johnston  
Front: Pamela Commodore, Alexandra Kroetsch, Aisha Ahmed, Emily  
Woods, Rachel Elliott, Bob Rogan, Annaka Norman  
Not Pictured - Ralph King, Jean Wright*

## DID YOU KNOW?

- Stephen Adams wrote in the June Observer, p. 26
- Richard Dinnen qualified for a Ph.D. in microbiology and immunology
- Stephen MacDonald earned a Chief Scout's Award
- Marion Orser received a M.T.S. (Master of Theological Studies) from Huron College
- Dale Radoja, Grade 6, came first in Ontario, second in Canada - French Dictation Contest
- JoAnn Silcox received a M.T.S. degree from Huron College
- Lis Wheable received a M.Sc.N. (Master of Science in Nursing)
- John Wiebe was chosen outstanding science teacher at U.W.O.



# FSA Making the Difference!



Have fun and make new friends. Arrange games to fit your calendar. More information from Gerry & Angie Meacham, (472-2641).

## BRIDGE GROUP

New members are always welcome. Contact the UCW president, Louise McLarty, (451-8067), for more details.

- the third Tuesday, at 7:30 p.m. in the Church Parlour.
- the second Wednesday, at 9:30 a.m. at I Grosvenor Gate.



The purpose of the UCW is to unite women of the congregation for the total mission of the church and to provide a medium through which we may express our loyalty and devotion to Jesus Christ in Christian witness, study, fellowship and service. First-St. Andrew's has three units meeting monthly as follows:

- the first Thursday, at 7:30 p.m. in the Church Parlour.
- the second Wednesday, at 9:30 a.m. at I Grosvenor Gate.
- the third Tuesday, at 7:30 p.m. in the Church Parlour.

## UCW

For more information contact Dorothy McPhedran (471-9662) at 10 am. Wednesday September 24, 1997 and Colborne, Wednesday September 24, 1997 will be held at Trinity Lutheran Church, Oxford to plan an activity for the year. The get-together discussion with the Anglican and Lutheran groups Andrew's invites interested persons to join in a The Ecumenical Decade group at First-St.

## THE ECUMENICAL DECADE GROUP

Save Tuesday November 25 for the next get-together. Save Tuesday November 25 for the next get-together. Save Tuesday November 25 for the next get-together.



Begins a new season on Tuesday, October 28 (6:30 - 9:00 pm). Come and enjoy good food, warm fellowship and varied programmes. Interested? Phone Alton Ross, (641-6215). Guests and new members are always welcome.

## BIFOCALS

Do you enjoy an informal, fun-loving atmosphere? Do you need to unwind on a Friday evening, or perhaps find an outlet for your creative energies? Do you enjoy variety in recreational activities and in particular, do you enjoy festive meals? If so, it sounds like Circle of Friends is the group for you! Contact Ann MacPhail, (645-8867), or Pat Tripp, (432-7497), for the details of our next gathering.

## CIRCLE OF FRIENDS

Call Susan Shelstad (679-8182) if you would like to help to get something going! WATCH FOR ANNOUNCEMENTS AT CHURCH...WE WILL TRY TO REACH YOU TOO!

- an opportunity for learning and to volunteer in the church
- a chance to eat and have fun together
- a place to see and meet friends
- This group will offer:
  - Married or single
  - Got a job
  - Looking for work
  - Going to College or University
  - Finishing or finished Secondary School

We have high hopes of organizing some get-togethers this fall. For young adults between the ages of 18-29 in one or more of the following life situations:

## YOUNG ADULTS AGES 18-29

Contact Sandra Dwyer, (438-6546) support. Tuesday mornings, 9:30-11:00. An informal group for parents and preschoolers offering networking and

## HAVA JAVA 'N' JUICE

## GROUPS FOR FRIENDSHIP AND LEARNING

People with excess furniture are invited to call Tom Magee, (432-6719), to arrange for pick up. This furniture would be distributed to needy families such as refugees.

## FURNITURE DONATIONS

Financial contributions are also welcome. Thank you for helping others!



Please keep in mind the Community Outreach Committee's food collection for St. Paul's DAILY BREAD food bank. Baskets are provided to collect food every Sunday. Baby food is also a special need and may be left at any time. Baskets are placed at front entrances of the chapel and sanctuary.

## CONTRIBUTIONS

### FOOD BANK

Community Outreach invites donations to the Benevolent Fund, to be used at the discretion of the ministers. Donations may be put on the offering plate in an envelope marked "Benevolent Fund" or given to one of the ministers. Our need for these funds is increasing. Help us to be helpful to others in need.

## BENEVOLENT FUND DONATIONS

This program recommenced in October 1996 and ran to the end of March 1997 as a combined meal and overnight shelter. From April through September it continues as a meal only offering, with numbers ranging from the 60's to upper 90's. Approximately 100 volunteers have been involved, many of them from other churches. It is likely that the full program will restart again in October, though there may be some discussion as to the need for the shelter component. Contact Barbara Plante (472-4586) or Bill Watson (471-6049)

## OUT OF THE COLD

For a moment of meditation in a busy or a quiet day, please call our Dial-A-Prayer at (439-6838). Anyone who can contribute prayers or a devotional message is asked to call Jim Hendry, (471-8492).



**DIAL-A-PRAYER**

Referrals may be made through Ardath Hill at 657-3000. Please feel free to contact the Ministerial staff for further details, or speak to any of the counsellors directly.

Under the direction of the Ministerial Staff who provide individual spiritual direction to those seeking help where requested, the Counselling Service is staffed voluntarily by three members of the congregation whose professional training and daily work experience is in the counselling context. Kerry Hill, a management consultant and career counsellor, provides personal counselling and detailed vocational assessment by appointment when mutually convenient. Ardath Finnbogason-Hill, a nurse-educator with considerable experience in personal counselling, and JoAnn Silcox, a psychiatrist, work as a team to provide initial assessment and follow-through counselling for individuals, couples, families or groups facing personal transitional crises.

**COUNSELLING TEAM**

Groups for 1997/98 will be formed in September/October. For more information, contact Catherine Moore, (679-8182), or Mary Vernon (657-7568). Confidentiality is the essential ingredient in all Rainbow groups.

First-St. Andrew's works in co-operation with Rainbow groups at Robinson Memorial and Colborne St. United Churches, to give more people of all age groups access to this healing process.

First-St. Andrew's works in co-operation with Rainbow groups at Robinson Memorial and Colborne St. United Churches, to give more people of all age groups access to this healing process.

Today, many school age children live in single-parent family homes. In addition, many children live in stepfamilies and have serious difficulties adjusting to their new family situations.

When people in schools and churches speak of the "Rainbows" programme, they are likely referring to the support programmes for children and adults who have experienced death, divorce, separation, or abandonment.

**RAINBOWS**

When families experience crises such as death, divorce, separation or abandonment, the impact has a profound effect on the family unit and each individual. Children as well as adults grieve over the loss of a loved one who was once a part of their everyday lives.

When people in schools and churches speak of the "Rainbows" programme, they are likely referring to the support programmes for children and adults who have experienced death, divorce, separation, or abandonment.

This is a venture in caring for our congregation under the leadership of Sheila Alton, (663-9522), and Debbie Schram, 434-8189. The Team offers support to people needing post-hospital support, linking, hands-on help, and driving. Good Neighbour Team volunteers and suggestions are welcome.

**GOOD NEIGHBOURS TEAM**

Our Pastoral Care visitors are members of our congregation who offer ongoing support to our shut-ins, to those who are ill, bereaved or have special chronic needs. We have about 24 men and women who visit every six weeks, maintaining contact with members of our congregation on a regular basis, and especially at birthdays and holiday times. If you know of anyone who needs extra support, or if you are one who could offer the support, please call Catherine Moore, (679-8182).

**PASTORAL CARE TEAM**

The Rev. Herb Wornfor visits our seniors living in care facilities or on their own, on a regular basis. There are approximately 90 people with whom Herb keeps in touch.

**OUR MINISTER OF VISITATION**

In addition to the hospital visiting and crisis counselling done by the fulltime paid accountable ministers on staff, pastoral care is offered in a variety of ways

**PASTORAL CARE**

**MEETING THE CHALLENGE - A Multi-Faith Conference**

This conference, promoted by First-St. Andrew's, is to be held at Central Secondary School on Saturday, Oct. 18. The purpose of this one day event is to generate a meaningful and practical response to the Mayor's Anti-Poverty initiative. The Mayor herself will open the proceedings. The morning program will cover such topics as What it is like to be poor; Poverty and Sickness; Poverty and Schoolchildren; Food Banks and who uses them; Welfare, Who gets it and how; Affordable Housing; and How the Unemployed find work.

During the afternoon session, Workshops will consider some of the above topics in greater depth and attempt to formulate action responses to specific problems.

It appears that all of the major faith groups in the city will be represented. There is a limited number of spaces available for members of First-St. Andrew's. Anyone interested in attending should contact Bill Watson (471-6049).

**COMMUNITY OUTREACH**



Every Sunday, following our 9:15 and 11:00 a.m. worship services, the congregation is invited to remain after service for refreshment and the deepening of friendship. This is an opportunity for each person to make contact and share his/her journey as a valued individual within our community of faith. Volunteers are needed to make and serve coffee, and to clean up.

**COFFEE AND CONVERSATION**

Co-ordinators: 9:15 a.m. - Liz Galbraith, (471-3439) 11:00 a.m. Jan.-Mar.: Isabel & Howard Moffatt, (439-2960) Apr.-June: Kathleen & Clint Greatis, (439-8391) July-Sept.: Carolyn & Don Hamby, (649-4557) Oct., Nov.: Harumi & Rick Matchett

**BAPTISMAL PREPARATION**

A Baptismal preparation session is held on the Thursday evening prior to every Baptism, to further prepare the parents who are bringing their children for Baptism. We explore the meaning of Baptism, and prepare for the Sunday service. The Sacrament of Baptism will be celebrated September 28, and Baptismal Preparation will be at 7:30 p.m. on September 25. Call the church office as soon as possible if interested. (679-8182).

**MARRIAGE PREPARATION**

Preparation for marriage is important because marriage is important - to the persons involved, to society in general, and to God. First-St. Andrew's works in co-operation with Westminister College to offer classes. Call the church office, (679-8182), or speak to one of the ministers for details.

**NEW MEMBERS' NIGHT**

On November 23 at the 11:00 a.m. service, we will have new members joining us through confirmation, by transfer and by reaffirmation of their faith. Prior to this, there will be a New Members' Evening on Thursday, November 20. Come at 7:00 p.m. for a tour of the church followed by an orientation evening. If you would like to become a member of First-St. Andrew's, please call the church office and one of our staff will be happy to contact you.

**ADULT CONFIRMATION**

Open to all adults wanting to explore the essentials of faith, and what it means to be a member of a community of faith. You are invited to come for a refreshment, or to prepare for confirmation or reaffirmation of faith. We call the course *Basic Christian Beliefs*. Please contact Catherine Moore or Frank Meadows, at (679-8182), if this interests you. Basic Christian Beliefs will be offered as an all day event at the church on Saturday November 1st 8:30 a.m. to 4:00 p.m. Watch announcements for further details.





The Volunteer Management Committee was put into place to encourage each of us to discover, develop and offer our gifts and talents, and to match our gifts with the volunteer needs of our church. Watch for how you can *Make the Difference* during the Stewardship Campaign this Fall. Your new or updated information will be entered into the church computer and will help groups and committees looking for our gifts and service. We are all a part of doing God's work with the gifts we have been given.

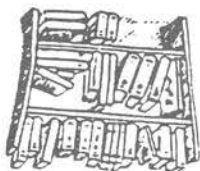
Co-chairs: Lesley Ferguson (434-2490); Bob Slater (642-7949)

### VOLUNTEER MANAGEMENT

The Christian Development Committee invites gifts of money to this fund so that children and young people of our congregation may be assured of participation in programs or events requiring funding, such as: Gone Fishing, Youth Retreats; Leadership Training events; Kaitros; Camps; Conference Events. Your help is always appreciated.

### CD SCHOLARSHIP FUND

Chair: Diane Knoppert (668-4063)  
Library. New books and videos for children and adults.



It is wonderfully satisfying to sit down with a good book. Our Church Library offers many choices. Watch for book displays at Coffee & Conversation, or browse in the Library. New books and videos for children and adults.

### LIBRARY

Cost: \$25

Leader: Jim Schmeiser, Professor at King's College. He is a fine teacher, and widely recognized for his work in this area.

We are called to be people of the Spirit, to live lives infused with the Spirit, to be open in all aspects of our lives to the Spirit of love, of life in abundance, to growth, to mystery. We search for the presence of the Spirit in our lives; we are open to inspiration in the many ways that God communicates to us; One of the significant ways that our ancestors and, more and more, our contemporaries, are experiencing this voice, is through our dreams. Our time together will provide an opportunity to reflect upon spirituality and the place of dreams as we journey together on this pathway.

### SPIRITUALITY AND DREAMS

Oct. 28 - Nov. 25 7:30 p.m.

We began Frank's sabbath leave with a congregational workshop *Dancing With Change*. Frank is back, eager to share the learnings/insights/wisdom of hope as Frank shares with the congregation his knowledge and challenges over the fall and winter. Watch for opportunities to participate.

### "SHARING NEW STEPS" A Congregational Time of Change

Monday evenings - 7:30 p.m. - Sept. 22-Dec. 8; Jan. 5-June 8 (with 2 one-week breaks)  
Cost: Your books

Leader: Stephen Adams is a Professor of English, a musician and a member of FSA's choir. Stephen is an excellent teacher, whose broad experience is shared in insightful anecdotes and stories that both spice up and ground the study. He has taught this course before and is excited about doing it again.

This is a basic introduction to the Bible. In thirty sessions, the Biblical story is told from beginning to end, from God's creation of the universe to God's promise of a new creation. This study is designed for those adults who have little experience reading and studying the Bible, and those who may have participated in some study groups but never looked at the Bible as a whole. The focus of this study is to enable adults to gain a familiarity with the people, events, places and ideas within the Bible and to discover the interrelationships of the parts of the Scripture.

### KERYGMA: Discovering the Bible

The coffee pot is on, the fellowship warm, and the insight and learning rich. This group has chosen to companion with Moses, exploring the challenges and triumphs of this ancestor of faith as he tried to be faithful to God, and lead his fellow Hebrews to freedom and new life.



### 9:15 a.m. SUNDAYS -- EXODUS

WE HOPE YOU WILL JOIN US!

OUR PURPOSE: To look to the Bible to inform and strengthen us for daily living and to get to know others in the congregation.

Friendship and learning for all. Focus on weekly scripture readings.

9:30 a.m. in the Parlour Starts Thursday, Sept. 18

### BIBLE STUDY OPPORTUNITIES THURSDAY MORNING BIBLE STUDY

### ADULT DEVELOPMENT

The Teen Confirmation Class is for those in Grade 9 and older who want to do some learning about Christian faith and lifestyle in preparation for Baptism/Confirmation. Call Susan Shelstad for further information. (679-8182)

### TEEN CONFIRMATION CLASS

Many of our young people in this age group scatter as they move into college, university or work. Your Youth & Young Adult Committee tries to stay in touch and encourages YATS to come and see us whenever possible. For those in London, we hope to offer some get-togethers which might get a new group started. (See GROUPS FOR FRIENDSHIP AND LEARNING)

Ages 18-29

### YATS (YOUNG ADULTS IN TRANSITION)

A place where a girl can be herself and share with others. Purpose: To church, and in Canada, value their CGIT roots! Starts Wednesday, Sept. 17, Leaders: Joan Beavers, Heather Carter (657-8759)

For GIRLS ages 12-17

### CANADIAN GIRLS IN TRAINING

Leaders: Ann Denny(433-0319), and Chris Silcox, (642-2152).

New dynamic group meets at 11:00 a.m. on Sunday mornings in "their room", off the Upper Room. Conversations, games, learnings. Holds fun events at other times too.

Grades 7 & 8

### TEENS IN TRANSIT

Leaders: Pamela Commodore (858-88759), Lionel Morise (438-8109), and Peter Welch(439-8023)

This is the Group where Teens of all ages can meet, eat, visit, sing, have fun and talk about life, questions and other Teen stuff. This fall we'll start to meet on Sunday September 14 at 9:30 a.m. in our own Upper Room. Join in to help plan program and social events. Name the group!

Grades 7 and up

### SUNDAY MORNING YOUTH GROUP



All young people of the church are invited to participate in as many of the YOUTH ACTIVITIES as possible. Programs and events include: Sunday Snack & Group, Teen Transit, Youth Choir, Canadian Girls in Training, Confirmation Class (Grade 9 up), Teen Handbells, Retreats, Musical, Church service (helping with Church School, Nurseries, Ushering, etc.)

### YOUTH & YOUNG ADULT MINISTRY

Leader: JoAnn Silcox(642-2152)

# First-St. Andrew's Christian Development Making the Difference!

Offer FUN, New Experiences and Christian Nurture on some school Professional Development Days:  
**Friday, Nov. 28** - Angels, Stars and Symbols of Celebration  
**Friday, Dec. 5** - Be A Star! A brand new Christmas movie will be made on this day.  
**Friday, Feb. 27** - Pretzels, Magic and Mardi Gras  
 Children may arrive at the church as early as 7:30 a.m. and may stay until 5:30 p.m. The actual program will run from 9 a.m. - 4:40 p.m. Children will bring their own lunch, juice and snacks provided.  
 Cost: \$20 for one day; \$50 if registering for all 3.  
*Pre-Registration is Very Important*  
 Detailed Information Sheets and Registration Forms are available at the Church.

## Polka Dot Days

**Friday, November 21**  
 Co-ordinators: Janice & Jim Elliott(657-7183); Virginia & Bob Rogan(472-4137); Jeanette & Stuart Eberhard(672-8400); Abba & Susan Ahmed(453-0669)  
**Friday, October 24**  
 A Haunted Hayride  
 Memorial Boys & Girls Club  
**Saturday, September 27**  
 Cosmic Bowling



Just for fun and friendship! Girls and boys in Grades 5 and 6 are invited on Friday evenings about once a month for fun and friendship! Girls and boys with menu planning, amounts, etc.  
**POP 'N' POPCORN**  
 We ask that each participating family help in preparing dinner twice each term - once as parent leader and once as helper. Kitchen Co-ordinator will assist with menu planning, amounts, etc.

**Supper Preparation.** Supper is an important part of the programme. We ask that each participating family help in preparing dinner twice each term - once as parent leader and once as helper. Kitchen Co-ordinator will assist with menu planning, amounts, etc.  
**Volunteer Drivers** will be arranged on request for those families who wish to participate but are unable to arrange transportation. Call Paul Merritt or Susan Shetlad in August or early September so that careful partnering may be done. (We are always ready to assist in arranging car-pools).  
 We ask: A **Participation Fee** of \$20 per child for the fall term. (The actual cost is \$35, and we ask that you pay this amount if you can.)  
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**WEDNESDAY, SEPTEMBER 17**  
 GONE FISHING BEGINS ON  
 GONE FISHING  
 GONE FISHING is a programme unique to First-St. Andrew's, offering children Grades 1-6 a wonderful and varied experience in the church. The programme has five important parts: Choir, Christian Development, Musical Instruments, Supper and Chapel.  
 GONE FISHING happens on **Wednesdays from 4:15 to 7:00 p.m.** We begin with arrival games and snack, and invite parents to join us for Chapel at 6:50 p.m.  
 We Offer: An excellent programme of Christian music, education, fellowship and worship designed for children. Participants will gain skill in choir, music, and worship leadership; grow in understanding of Christian faith and lifestyle; and they will experience belonging and Christian community.  
 Volunteer Drivers will be arranged on request for those families who wish to participate but are unable to arrange transportation. Call Paul Merritt or Susan Shetlad in August or early September so that careful partnering may be done. (We are always ready to assist in arranging car-pools).  
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A colourful kit called *Growing in God's Love* has several messages to help celebrate important events in baby's life up to age three. These messages are sent to each new baby and family. Since the last Friday, we have greeted Sean Davidson, Spencer Long, Kent Hill, Gregory Deacon, Katherine Holstein, Kaelyn Bernardo.  
 Co-ordinator: Nancy Stanlik (451-9491)  
**SECRET PALS**  
 Exchanging letters through the red Secret Pal Mailbox is a lot of fun for kids in Grades 3 - 6 and adults of our congregation. You write letters once a month to your Secret Pal, using a code name and sharing bits of information about yourself. Next spring there will be an 'unmasking event'. Would you like to sign up for this fun exchange? Contact the co-ordinator.



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## CRADLE ROLL



**Regular Classes** starting September 14. The children in Kindergarten to Grade Six begin the Worship Service with their families. After the Children's Story or hymn, the children go to their sessions.

**Sunday, Sept. 7 - RECOVENANTING SUNDAY**  
 The whole Church family will worship and recovenant together, to begin the new Fall Season.  
 9:15 a.m. Child care for infants and younger children.  
 11:00 a.m. Nurseries and Kindergarten available.

**Church School - meets in Kindergarten and Music Room**  
 9:15 a.m. - 11:00 a.m.  
**Three Year Nursery (born 1994) - located across from Chapel**  
**Kindergarten (born 1992-93) - located above the parlour**  
 Grade One - meet in the Music Room - Upper floor  
 Grades Two to Six - meet in the Fireside Room - Lower level

## CHURCH SCHOOL DIRECTORY

Open for both 9:15 a.m. and 11:00 a.m. Sunday worship.  
 Co-ordinators: Judy Cull, Mary Gonder (451-0992)  
**For infants to two year olds - located next to the Chapel (Main floor).**

## NURSERY

**A WARM COMMITTED STAFF WELCOMES ALL CHILDREN**  
 significance  
 worship. The year is divided into six units, each with its own logo and learning stories from the same Biblical texts each week. At Home Paks help families to follow up at home what is happening in the Church School and curriculum, based on the weekly lectionary so that parents and children are aware of the Church School program is *The Whole People of God*

## CHURCH SCHOOL

# CHILDREN'S MINISTRY

Through the generous support of Friends of Music, First-St. Andrew's sponsors an excellent Concert Series which presents a wide variety of musical programs including organ recitals, vocal concerts, choral/orchestral concerts and instrumental recitals, as a musical outreach to the community. Please see our 1997-1998 brochure for the details of this year's series.

## CONCERT SERIES



**First-St. Andrew's Ministry**  
 All of the people including  
 The Rev. Dr. Frank Meadows  
 The Rev. Catherine Moore  
 The Rev. Susan Shelstad  
 The Rev. Herb Wontfor  
 Paul Merritt  
 Susan Brown Pat Sole  
 Jim Gagnon

Come and worship at First-St. Andrew's as we remember the story of the church from its earliest days until now. We will celebrate our Christian faith and heritage as we welcome home the Rev. Dr. Frank Meadows from Sabbath leave, debrief with Rev. Dr. Barry Moore on his learnings with us during that time, celebrate the 35th anniversary of the U.C.W., launch our Stewardship campaign, learn more about the Church's mission activities from London Conference's Executive Director, Peter Scott, and celebrate this congregation's 165th Anniversary with Rev. Alex Farquhar, in addition to all of the usual things that contribute to the life of this active congregation. Our regular worship times are 9:15 a.m. in the chapel and 11:00 a.m. in the main sanctuary. For more detailed information about our services, call the First-St. Andrew's PRESSTO number, 679-0000, extension 3905.

**Sept. 7** A service of gathering and re-affirming the covenant of our Baptism.  
 9:15 & 11:00 Preacher - Frank Meadows

**Sept. 14** 16th Sunday after Pentecost. Barry Moore will reflect on his recent experience of FSA during Frank's time away.  
 9:15 & 11:00 Preacher - Barry Moore

**Sept. 21** 17th Sunday after Pentecost. We will celebrate the 35th Anniversary of the UCW.  
 9:15 & 11:00 Preacher - Frank Meadows

**Sept. 28** 18th Sunday after Pentecost. At the 11:00 a.m. service we will celebrate the Sacrament of Baptism. Community Outreach will serve lunch following the service.  
 9:15 & 11:00 Preacher - Catherine Moore

**Oct. 5** World-Wide Communion Sunday. We will celebrate the Sacrament of the Lord's Supper at both services.  
 9:15 & 11:00 Preacher - Frank Meadows

**Oct. 12** Thanksgiving Sunday.  
 9:15 & 11:00 Preacher - Frank Meadows

**Oct. 19** Mission & Service Sunday. Members of the Mission & Service Committee will lead in worship at both services.  
 9:15 & 11:00 Guest Preacher, Peter Scott, Executive Director.

**Oct. 26** Stewardship Sunday and launch of the Fall '97 Campaign.  
 9:15 & 11:00 Preacher - Frank Meadows

**Nov. 2** Music Awareness Sunday. Special music will be performed by our various musical groups at both services.  
 9:15 & 11:00 Preacher - Frank Meadows

**Nov. 9** Remembrance Sunday. We remember those members of First-St. Andrew's who gave their lives in two world wars.  
 9:15 & 11:00 Preacher - Frank Meadows

**Nov. 16** The 165th Anniversary of First-St. Andrew's.  
 9:15 & 11:00 Guest Preacher - The Rev. Alex Farquhar.  
*Alex was minister here from 1964-1979, and is currently retired and living in Liverpool, N.S.*

**Nov. 23** 26th Sunday after Pentecost. At the 11:00 a.m. service we will receive new members by confirmation and certificate of transfer from other congregations.  
 9:15 & 11:00 Preacher - Frank Meadows

The Ministry of Music seeks to use instrumentalists during worship as well as at special programs during the year. Small ensembles and soloists provide occasional preludes to worship and accompaniments to anthems on Sunday mornings. Please contact Paul Merritt, (679-8234) or (679-9173), if you play an instrument and might wish to participate in some way.

**INSTRUMENTAL MUSIC**

These groups for children in Grades 1 - 6 are an integral part of the Gone Fishing program. For details, see Gone Fishing in the Children's Ministry section.

**THE GONE FISHING PRIMARY MUSIC HANDCHIME/HANDBELL CHOIRS**

Our group is open to any level in Grade 7 or above. If you are interested in playing handbells and are able to commit to weekly rehearsals, we would love to have you join our group. Please contact Stephanie Burgoyne, (438-4037), for more information about Teen Ringers.

**THE TEEN RINGERS**

Mixed Pealers, a group of adults who can read music, meet on Monday from 7:30-9:00 p.m., commencing Monday, Sept. 8. Please contact Helen Inch, (471-0826).

**THE MIXED PEALERS**

The Laudamus Handbell Choir, now in its 27th year of offering praise at First-St. Andrew's, is reaching out for new members in readiness for the fall season. Men and women who read music and can commit to a weekly practice from September through May are invited to join our friendly, enthusiastic group, and let Barbara know of others in the community who may be interested. Weekly rehearsal: Friday, 3:30-5:30 p.m., starting Sept. 5. Please call Barbara Plante, Director, (472-4586) or (461-1202), for further information, or leave your name at the Church Office, (679-8182).

**LAUDAMUS HANDBELL CHOIR**



*Come on, ring those bells!*

**THE HANDBELL CHOIRS**

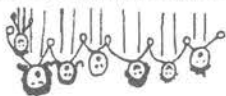
This choir, for children in Grades 1-6, shares its gift of music through occasional singing at worship services. It is an integral part of the Gone Fishing program. For more details, see Gone Fishing in the Children's Ministry section.

**THE GONE FISHING CHOIR**

Open to all Teens who are in Grade 7 - O.A.C.'s. As the choir is an integral part of the Youth program, see Sunday Morning Youth Group in the Youth Ministry section for more details. Please contact Paul Merritt, (679-8234) or (679-9173).

**THE YOUTH CHOIR**

Our Senior Choir leads in worship at all 11:00 a.m. services and other special services, as well as presenting a number of concerts each year. Rehearsals are each Thursday from 7:30-9:30 pm in the Lower Hall, beginning Sept. 4. Please contact Paul Merritt, (679-8234) or (679-9173).



**THE CHOIRS**

The Music Ministry puts faith into action as it serves the congregation, reaches out to the community, and develops a bond of love and spiritual growth among its participants. Consider the many opportunities to Rejoice at First-St. Andrew's in 1997/98.

**MUSIC**

**WORSHIP**



**INSIDE**

- 2 Worship .....
- 2 Music .....
- 3 Children's Ministry .....
- 4 Youth & Young Adult Ministry .....
- 4 Adult Development .....
- 5 Pastoral Care .....
- 5 Community Outreach .....
- 6 Groups for Friendship & Learning .....

**CHURCH FAMILY EVENTS**

- Lunch after Church:
  - September 28
  - October 26
  - November 16

**NEW FOR FALL**

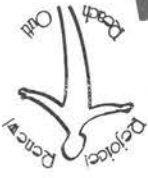
- 4 Sharing New Steps .....
- 4 Spirituality and Dreams .....
- 5 Meeting the Challenge .....
- (Multi-faith Conference)

*Susan*  
*Frank*  
*Catherine*  
*Paul*  
*Head*

Dear Friends,  
 Sitting in the sweltering heat and sudden quiet of the church at the end of June, I am trying to project my mind ahead to the crispness of Fall and the activity of new beginnings! New beginnings indeed! First of all, Frank Meadows will be back from his Sabbath and the future. Barry Moore will pass the torch back to Frank, but before he returns to his regular Sunday morning spot in the gallery, he will reflect back to us what he learned about FSA during his time in the 'big office' and in the pulpit.  
 And of course, we will be welcoming the Rev. Susan Shelsia to the position of Minister of Christian Development! As many of you know, a typical year at FSA in Christian Development is fast-paced, exciting and requires major teamwork between ministers and you, the laity. I invite you, after you've said "welcome" to Susan, to then add something like, "and I would be glad to work with you in \_\_\_\_\_" You fill in the blanks with what you enjoy doing. As the calendar moves closer to September, I hope that you will sense a personal beckoning' to renew your Christian identity in this community of faith. Whether it is corporate worship on Sunday mornings, or smaller gatherings that cluster in deep caring for a variety of purposes, and preferably both, you are called to places where God stirs up love. We are called to experience that love and intimacy so that we, formed by grace, may share with the world the healing freshness of the vital relationship God offers.



**FSA Program Guide**  
**Fall 1997**



CATHERINE